

### **Symposium- National education policy- Dr.CV Jayasree 1/3/2022**

On March 1, 2022, SuM College of Teacher Education hosted a symposium on the National Education Policy (NEP), led by Dr. C.V. Jayasree. The discussion focused on the key components and implications of the NEP, including its emphasis on holistic education, curriculum reforms, and teacher training. Dr. Jayasree highlighted how the policy aims to transform the educational landscape by promoting flexible learning pathways and integrating technology. The symposium featured in-depth analyses and interactive sessions, engaging participants in dialogues about the practical applications of NEP in schools. The event aimed to deepen understanding and prepare educators for the evolving educational framework.

### **Study Tour 4/03/2022- Munnar- Vagaman**

On March 4, 2022, SuM College of Teacher Education embarked on a study tour to Munnar and Vagamon, led by Krishnakumar E.P., a Social Science teacher. The tour provided students with an opportunity to explore the region's rich biodiversity, scenic landscapes, and ecological significance. Highlights included visits to tea plantations, nature reserves, and cultural landmarks. Krishnakumar E.P. facilitated educational discussions on environmental conservation and regional geography, enhancing students' practical understanding of their social science curriculum. The trip fostered a deeper appreciation for natural resources and cultural heritage, contributing to a well-rounded educational experience outside the classroom.

### **Art and Drama Workshop by Biju Neduvaloor 11/3/2022**

On March 11, 2022, SuM College of Teacher Education hosted an Art and Drama Workshop led by Biju Neduvaloor. The workshop aimed to enhance students' creative skills and foster an appreciation for the arts. Biju Neduvaloor, an experienced artist and drama educator, conducted engaging sessions on various artistic techniques and dramatic expressions. The workshop covered fundamental aspects of art, including painting, sketching, and visual storytelling, while also exploring dramatic skills such as improvisation and character development. Participants engaged in hands-on activities and collaborative projects, which encouraged self-expression and teamwork. Biju Neduvaloor's insights and practical guidance provided valuable experience, helping students integrate artistic creativity into their teaching practices. The workshop not only enriched students'

artistic abilities but also underscored the importance of incorporating art and drama into educational settings to enhance student engagement and learning.

### **Water day 22/03//2022**

On March 22, 2022, SuM College of Teacher Education celebrated Water Day, chaired by Dr. C.V. Jayasree. The event aimed to raise awareness about water conservation and the importance of sustainable water management. Dr. Jayasree delivered an impactful address on the global water crisis and practical measures to conserve water resources. The program included educational sessions, interactive displays, and student presentations highlighting innovative water-saving techniques. Activities also featured discussions on the impact of water scarcity on communities and ecosystems. The celebration underscored the college's commitment to environmental stewardship and encouraged participants to adopt responsible water usage practices.

### **Workshop on GeoGebra 14/03/2022**

On March 14, 2022, SUM College of Teacher Education hosted a workshop on GeoGebra, aimed at enhancing participants' proficiency with this dynamic mathematics software. The workshop covered GeoGebra's features for teaching geometry, algebra, and calculus, offering hands-on training in creating interactive diagrams and simulations. The session provided practical examples and exercises to illustrate how GeoGebra can facilitate effective teaching and learning in mathematics. Attendees explored various tools and functionalities, gaining skills to integrate technology into their educational practices. The workshop, designed to support educators in adopting innovative teaching methods, emphasized the importance of interactive learning in mathematics education.

### **How to acquire language skills- a class on easy English by Shankarn Master 1/4/2022**

On April 1, 2022, SuM College of Teacher Education hosted a class on acquiring language skills titled "Easy English," conducted by Shankarn Master. The session focused on effective strategies for mastering English, emphasizing practical techniques for improving vocabulary, grammar, and conversational skills. Shankarn Master provided engaging exercises and real-life examples to simplify the learning process. The class highlighted the importance of consistent practice, active

listening, and immersive language experiences. Participants gained valuable insights into overcoming common language barriers and enhancing their proficiency. The session aimed to empower students and educators with tools to facilitate effective English language acquisition and usage.

### **Creating inclusive school- features the role of children- workshop on Inclusive school- George Josheph 5/4/2022**

On April 5, 2022, SuM College of Teacher Education held a workshop on "Creating Inclusive Schools," led by George Joseph. The workshop focused on the crucial role children play in fostering an inclusive educational environment. George Joseph discussed strategies for integrating students with diverse needs, emphasizing the importance of empathy, respect, and collaborative learning. He highlighted practical approaches for teachers to create supportive classrooms where every child feels valued and included. The session included interactive activities and case studies, providing participants with tools to implement inclusive practices effectively. The workshop aimed to enhance understanding and commitment to inclusive education within the school community.

### **FDP on Personality test and Calculations- Dr.Shivarajan Sir, 11/4/2022**

On April 11, 2022, SuM College of Teacher Education conducted a Faculty Development Program (FDP) on "Personality Tests and Calculations," led by Dr. Shivarajan. The session provided an in-depth exploration of various personality assessment tools and their application in educational settings. Dr. Shivarajan explained methods for interpreting personality test results and using them to enhance student-teacher interactions and personalized learning. The workshop also covered statistical techniques for analyzing test data, offering practical insights into effective measurement and evaluation. Participants engaged in hands-on exercises, gaining valuable skills to incorporate personality assessments into their teaching practices and improve educational outcomes.

### **Orientation program on office digitalization 02/05/2022**

On May 2, 2022, SuM College of Teacher Education hosted an orientation program on office digitalization. The session aimed to familiarize staff and faculty with modern digital tools and

techniques for streamlining office operations. The program covered topics such as digital documentation, cloud storage, and software for efficient communication and data management. Participants learned about the benefits of digitalization in enhancing productivity and reducing manual paperwork. The orientation included practical demonstrations and hands-on exercises to help attendees integrate digital solutions into their daily tasks. The event marked a significant step towards modernizing the college's administrative processes and improving overall efficiency.

### **Akshara deepmam project On June 1, 2022,**

On June 1, 2022, SuM College of Teacher Education organized the distribution of study materials to Myzhappal LP School in Kannur. The initiative aimed to support the educational needs of students by providing essential resources such as textbooks, notebooks, and learning aids. Representatives from SUM College visited the school to hand over the materials, ensuring they would benefit the students' academic progress. The donation was part of the college's commitment to community outreach and educational support, enhancing the learning environment and helping to bridge resource gaps in local schools. The event highlighted the college's dedication to fostering educational development in the region.

### **Environmental day celebration 5/6/2022**

On June 5, 2022, SUM College of Teacher Education celebrated Environmental Day, chaired by Dr. C.V. Jayasree. The event focused on raising awareness about environmental conservation and promoting sustainable practices. Dr. Jayasree delivered an inspiring address on the importance of protecting natural resources and addressing environmental challenges. The celebration featured informative sessions, interactive activities, and student presentations on eco-friendly initiatives. Participants engaged in discussions about practical steps for reducing their environmental footprint. The event highlighted the college's commitment to environmental education and encouraged the community to adopt sustainable habits for a healthier planet.

### **Ocean day 08/06/2022**

On June 8, 2022, SuM College of Teacher Education hosted an Ocean Day program, chaired by Dr. C.V. Jayasree. The event aimed to raise awareness about ocean conservation and the vital role

of oceans in sustaining life on Earth. Dr. Jayasree's opening address highlighted key issues such as marine pollution, overfishing, and climate change. The program included educational talks, multimedia presentations, and interactive discussions on ocean protection strategies. Students and staff participated in activities designed to promote marine conservation and environmental responsibility. The event underscored the college's commitment to fostering awareness and action towards preserving oceanic ecosystems.

### **NAAC criterion workshop Divakaran sir 10/6/2022**

NAAC criterion On June 10, 2022, SUM College of Teacher Education hosted a workshop on NAAC (National Assessment and Accreditation Council) criteria, conducted by Mr. Divakaran P.E. The workshop aimed to provide faculty and staff with a comprehensive understanding of NAAC accreditation processes and the key criteria involved. Mr. Divakaran outlined the standards for quality assurance in higher education, including teaching and learning, research, infrastructure, and institutional governance. The session featured detailed discussions on preparing documentation, evidence collection, and best practices for meeting NAAC requirements. Interactive sessions and case studies were included to address specific queries and practical challenges. The workshop was instrumental in equipping the college with the knowledge and tools necessary for a successful NAAC accreditation process, reinforcing its commitment to maintaining high educational standards and continuous improvement.

### **Blood donation day 14/06/2022**

On June 14, 2022, SuM College of Teacher Education organized a Blood Donation Day, featuring a motivational talk by Mr. Krishnakumar E.P. The event aimed to encourage students and staff to participate in blood donation, emphasizing its critical role in saving lives. Mr. Krishnakumar E.P. highlighted the significance of voluntary blood donation and shared inspiring stories of how donations have helped individuals in need. The program included a blood donation camp, where participants contributed to a noble cause. The event underscored the college's commitment to community service and health awareness, fostering a spirit of altruism and social responsibility among attendees.

### **Reading Day On June 19, 2022**

On June 19, 2022, SUM College of Teacher Education celebrated Reading Day under the chairmanship of Dr. Cv Jayasree. The event highlighted the importance of reading in educational and personal growth. Ms. Shincy Mohan CP delivered an insightful talk, emphasizing how reading broadens knowledge and fosters critical thinking. Her engaging presentation underscored reading as a cornerstone of lifelong learning. The event was well-received, fostering a renewed enthusiasm for reading among attendees. Dr. Jayasree commended the initiative, encouraging continuous promotion of reading within the academic community.

### **World refugee day 20/06/2022**

On June 20, 2022, SUM College of Teacher Education observed World Refugee Day, chaired by Mr. Abhinand. The event aimed to raise awareness about the plight of refugees globally. Suneesh K delivered a compelling talk, focusing on the challenges faced by refugees and the importance of empathy and support from the international community. His address highlighted stories of resilience and the need for collective action to aid displaced individuals. The event was impactful, encouraging attendees to contribute positively towards refugee welfare and fostering a sense of global responsibility.

### **Yoga day 21/06/2022**

On June 21, 2022, SUM College of Teacher Education celebrated International Yoga Day, chaired by Mr. Abhinand K. The event emphasized the significance of yoga for physical and mental well-being. Participants engaged in a series of yoga sessions, guided by experienced instructors, which highlighted various asanas and breathing techniques. Mr. Abhinand K. spoke about yoga's benefits and its role in fostering a balanced lifestyle. The celebration successfully promoted wellness and mindfulness, encouraging attendees to incorporate yoga into their daily routines for overall health and harmony.

### **Orientation class on SET – Shincy Mohan 11/6/2022**

On June 11, 2022, SUM College of Teacher Education hosted an orientation class on the State Eligibility Test (SET), chaired by Mr. Krishnakumar. The session aimed to provide insights and guidance on preparing for the SET. Shincy Mohan delivered an informative presentation, covering exam patterns, preparation strategies, and essential study resources. Her talk included practical tips and motivational advice to help candidates navigate the challenges of the SET. Mr. Krishnakumar commended the session's relevance and encouraged students to leverage the provided resources effectively. The orientation was well-received, equipping attendees with valuable knowledge for their upcoming exams.

### **Speech on women's day- Prassetha Miss 15/6/2022**

On June 15, 2022, SUM College of Teacher Education celebrated Women's Day, featuring a speech by Miss Prassetha. In her address, Miss Prassetha highlighted the significant contributions of women across various fields and emphasized the ongoing need for gender equality. She praised the resilience and achievements of women throughout history and encouraged everyone to support and uplift women in their personal and professional lives. Her speech underscored the importance of creating inclusive environments and empowering women to reach their full potential. The event was inspirational, fostering a greater appreciation for women's roles and accomplishments.

### **Student service holding hands 29/6/2022 Shanthi deepam Visit**

On June 29, 2022, SUM College of Teacher Education organized a student service event titled "Holding Hands" at Shanthi Deepam, Chala. This initiative aimed to extend support and compassion to the residents of the care facility. Students actively participated in various activities, including spending quality time with the residents, assisting with daily tasks, and engaging in meaningful conversations. The event fostered a sense of community and empathy among the students, who were deeply moved by the experience. The day highlighted the importance of social responsibility and the impact of giving back to the community.

### **International Day Against Drug Abuses and illegal trafficking of human 26/06/2022**

On June 26, 2022, SUM College Auditorium hosted an event in observance of the International Day Against Drug Abuse and Illegal Trafficking of Humans, chaired by Mr. George Joseph. The

event aimed to raise awareness about the global issues of drug abuse and human trafficking. Mr. George Joseph delivered a poignant address, highlighting the severe impact of these issues on individuals and societies. The program included informative presentations and discussions on prevention strategies and support systems. Attendees were encouraged to engage in advocacy and community efforts to combat these pressing concerns effectively. The event was both educational and impactful.

#### **Mental health leadership Ushaj Sir 4/07/2022**

Mental health le On July 4, 2022, SUM College of Teacher Education hosted a Mental Health Leadership Seminar, chaired by Mr. Krishnakumar EP. Ushaj Sir delivered an insightful talk on the importance of mental health leadership in educational settings. He discussed effective strategies for promoting mental well-being, the role of educators in supporting students' mental health, and the impact of leadership on creating a supportive environment. The seminar provided valuable guidance for developing mental health programs and fostering a positive, inclusive atmosphere within schools. Attendees left with enhanced knowledge and motivation to advocate for and implement mental health initiatives.

#### **Orientation program for teaching and Non-teaching Dr.Jayasree CV 10/07/2022**

On July 10, 2022, SUM College of Teacher Education held an orientation program for both teaching and non-teaching staff, led by Dr. Jayasree CV. The program aimed to provide comprehensive insights into the institution's policies, procedures, and expectations. Dr. Jayasree CV delivered an engaging session covering key areas such as academic standards, administrative duties, and collaborative practices. The orientation also included practical guidelines and strategies for effective performance in their respective roles. The event was instrumental in aligning staff members with the college's goals and fostering a cohesive work environment.

#### **Population day 11/07/2022**

On July 11, 2022, SUM College of Teacher Education celebrated Population Day, chaired by Mr. Abhinand K. The event focused on raising awareness about population issues and their implications. Mr. Suneesh K presented a comprehensive paper on the challenges of population



growth, including its impact on resources, environment, and societal development. His presentation offered valuable insights into sustainable practices and strategies for managing population dynamics. The discussion emphasized the importance of education and policy-making in addressing population-related challenges. The event successfully highlighted critical issues and fostered a deeper understanding of population management among attendees.

### **Mr.Sumeshan P, Moon Day celebration Lecture 21/07/2022**

On July 21, 2022, SUM College of Teacher Education observed Moon Day, chaired by Dr. Cv Jayasree. The event featured a compelling lecture by Mr. Sumeshan P, who delved into the significance of lunar exploration and the Moon's role in science and culture. His presentation covered historical milestones, recent advancements in lunar research, and the future of space exploration. Mr. Sumeshan P's insightful talk captivated the audience and highlighted the Moon's influence on both scientific progress and human curiosity. The celebration fostered a greater appreciation for space science and inspired attendees to explore further.

### **International lunar day 22/07/2022**

On July 22, 2022, SUM College of Teacher Education celebrated International Lunar Day, chaired by Mr. Divakran PE. The event aimed to promote awareness and appreciation for lunar science and exploration. Mr. Divakran PE led the proceedings, emphasizing the Moon's importance in scientific research and its cultural impact throughout history. The celebration included informative presentations, interactive activities, and discussions on recent lunar missions and discoveries. The event successfully engaged attendees with the wonders of lunar science, fostering a deeper understanding of the Moon's role in our universe and inspiring interest in space exploration.

### **Interactive session on Copying up skills 27/07/2022- George Joshep**

On July 27, 2022, SUM College of Teacher Education hosted an interactive session on Coping Skills, chaired by Dr. Cv Jayasree. The session, led by George Joseph, focused on strategies for managing stress and enhancing emotional resilience. George Joseph engaged attendees through practical exercises, discussions, and role-playing scenarios to build effective coping mechanisms. His insights on stress management, mindfulness, and emotional intelligence provided valuable

tools for personal and professional growth. The interactive nature of the session encouraged active participation, making it a highly beneficial experience for all attendees in developing essential coping skills.

### **World Conservation Day 28/07/2022**

On July 28, 2022, SuM College of Teacher Education observed World Conservation Day, chaired by Dr. C.V. Jayasree. The event focused on the importance of environmental conservation and sustainable practices. Mr. Divakaran P.E. conducted an informative class, addressing various aspects of conservation, including natural resource management, biodiversity protection, and climate change mitigation. His presentation included practical strategies for reducing environmental impact and promoting eco-friendly habits. Attendees engaged in discussions and activities designed to enhance their understanding of conservation issues and their roles in addressing them. The event emphasized the college's commitment to environmental stewardship and fostering a culture of sustainability.

### **Works shop on modern agricultural techniques 29/07/2022**

On July 15, 2022, SuM College of Teacher Education hosted a workshop on modern agricultural techniques, chaired by Mrs. Praseetha. The session featured an in-depth class conducted by Bhaskaran T. from Muzhappala. Bhaskaran T. presented innovative agricultural practices, including sustainable farming methods, precision agriculture, and the use of technology in enhancing crop yields. The workshop provided practical insights into improving agricultural efficiency and addressing contemporary challenges in farming. Attendees engaged in interactive discussions and hands-on demonstrations, gaining valuable knowledge to apply in agricultural settings. The event underscored the college's commitment to supporting advancements in agriculture and promoting sustainable practices.

### **Professional ethics of teacher- workshop FDP Vijyan chalod 01/08/2022**

On August 1, 2022, SuM College of Teacher Education conducted a Faculty Development Program (FDP) workshop on "Professional Ethics of Teachers," chaired by Dr. C.V. Jayasree. The workshop, led by Vijyan Chalod, focused on the essential ethical principles that guide teachers in

their professional conduct. Vijyan Chalod delivered a comprehensive session on maintaining integrity, fostering respectful relationships, and upholding academic standards. The program included discussions on real-life scenarios and ethical dilemmas faced by educators. Participants engaged in interactive activities to reflect on their roles and responsibilities. The workshop aimed to reinforce ethical practices and enhance professional behavior among teachers.

### **Hiroshima day 06/08/2022 and Nagasaki day 09/08/2022**

SUM College of Teacher Education commemorated Hiroshima Day on August 6, 2022, and Nagasaki Day on August 9, 2022, both chaired by Dr. C.V. Jayasree. The observances focused on reflecting upon the profound impacts of the atomic bombings during World War II and promoting peace and nuclear disarmament. Dr. Jayasree delivered poignant addresses on the historical significance of these events, highlighting the importance of remembering the victims and advocating for a world free from nuclear weapons. The programs featured informative talks, discussions on global peace initiatives, and activities aimed at raising awareness about the consequences of war and the need for international harmony.

### **August 15<sup>th</sup> celebration-Subedar Vindokumar 15/08/2022**

On August 15, 2022, SuM College of Teacher Education celebrated Independence Day with an event chaired by Dr. C.V. Jayasree. The program was inaugurated by Subedar Vindokumar, who delivered an inspiring address on the significance of freedom and patriotism. Mr. Krishnakumar E.P. extended a warm welcome to the guests and participants, setting a celebratory tone for the day. The event concluded with a vote of thanks by Dr. Jayasree, who expressed gratitude to the union members and attendees for their support and participation. The celebration featured patriotic performances and discussions, reinforcing the values of national pride and unity.

### **Teacher's day 05/09/2022**

On September 5, 2022, SuM College of Teacher Education celebrated Teachers' Day with a special event honoring educators. Dr. C.V. Jayasree, Chair of the event, addressed the gathering with a speech highlighting the pivotal role of teachers in shaping future generations. The celebration featured heartfelt felicitation speeches from all staff members, who expressed their appreciation

and admiration for their colleagues' dedication and contributions to education. The program included cultural performances and presentations that celebrated the teaching profession. The day was marked by a strong sense of community and gratitude, reinforcing the importance of recognizing and valuing the efforts of educators.

### **Onam Celebration 2/9/2022**

The day began with the creation of an elaborate floral carpet, known as Pookalam. The entrance of the venue was adorned with a stunning array of vibrant flowers meticulously arranged in intricate patterns. The Pookalam, crafted with a mix of marigolds, chrysanthemums, and other seasonal blooms, not only added a touch of beauty but also symbolized the spirit of Onam. Participants from all age groups contributed to the design, showcasing their creativity and teamwork.

The highlight of the celebrations was the Onam Sadhya, a traditional feast that delighted everyone. Served on banana leaves, the Sadhya featured a variety of dishes, including sambar, avial, thoran, and payasam. The meal was a gastronomic journey through Kerala's rich culinary heritage, with each dish prepared with authentic ingredients and traditional methods. The communal dining experience emphasized the essence of Onam – togetherness and sharing.

The festivities also included a series of humorous and engaging games that added to the merriment. Traditional games such as Uriyadi (pot-breaking) and Oonjal (swing) were organized, along with quirky modern games that elicited laughter and camaraderie. These games brought participants closer, creating a joyful atmosphere and fostering a sense of community.

Overall, the Onam celebrations were a perfect blend of cultural reverence and playful enjoyment. The floral carpet, the sumptuous Sadhya, and the lively games all contributed to a memorable and heartwarming experience, embodying the essence of Onam and leaving everyone with cherished memories.

### **NAAC enrichment session criteria 10/9/2022**

On September 10, 2022, SUM College of Teacher Education conducted an enrichment session on NAAC criteria, led by Mr. Divakaran PE. The session was designed to provide an in-depth

understanding of NAAC accreditation processes and criteria, essential for preparing for the accreditation visit. Mr. Divakaran PE covered key areas, including quality metrics, documentation requirements, and strategies for self-assessment. His detailed presentation aimed to guide faculty and staff through the initial stages of NAAC preparation, ensuring a thorough approach to meeting accreditation standards. The session successfully equipped participants with the knowledge needed to begin the NAAC accreditation journey.

### **International Sign Language Day 23/09/2020**

On September 23, 2020, SUM College of Teacher Education celebrated International Sign Language Day, co-chaired by Dr. Cv Jayasree and Mr. Arun Kumar. The event aimed to promote awareness and appreciation of sign language and its importance in communication for the hearing impaired. Mr. Arun Kumar, a special educator, conducted an engaging class on sign language basics, demonstrating key signs and offering practical tips for effective communication. His interactive session highlighted the significance of inclusivity and accessibility, fostering a greater understanding among attendees. The celebration emphasized the role of sign language in bridging communication gaps and supporting diverse communities.

### **Self-defense training 26/09/2022**

On September 26, 2022, SUM College of Teacher Education hosted a Self-Defense Training session, chaired by Mr. Divakaran PE. The training was conducted by Mr. Abhinand K, who provided practical instruction on self-defense techniques and personal safety strategies. The session covered essential skills for protecting oneself in various situations, including defensive moves and situational awareness. Mr. Abhinand K's hands-on approach and expert guidance equipped participants with valuable self-defense tools and boosted their confidence. The event aimed to enhance personal safety and empowerment among attendees, fostering a culture of security and preparedness within the college community.

### **NAAC enrichment session Sajan sir 30/09/2022**

On September 30, 2022, SUM College of Teacher Education conducted a NAAC enrichment session, chaired by Dr. Cv Jayasree. The session was led by Sajan Sir, who provided a

comprehensive overview of NAAC accreditation processes and standards. His presentation focused on key criteria, documentation requirements, and best practices for achieving high evaluation scores. Sajan Sir's insights were instrumental in guiding the faculty through the intricacies of NAAC preparation, ensuring a thorough understanding of the accreditation process. The session aimed to enhance institutional quality and readiness for the upcoming NAAC assessment, contributing to the college's overall accreditation efforts.

### **Gandhi Jayanthi celebration on 2<sup>nd</sup> 2022**

On October 2, 2022, SUM College of Teacher Education celebrated Gandhi Jayanti, chaired by Dr. Jayasree CV. The event honored Mahatma Gandhi's legacy of peace and cleanliness. The celebration featured a special program reflecting on Gandhi's principles and contributions to the nation. A significant part of the day included a cleaning program, where students and staff participated in a campus-wide cleanliness drive. This initiative aimed to promote Gandhi's vision of hygiene and community service. The event successfully merged reflection on Gandhiji's values with practical action, reinforcing the importance of maintaining a clean and healthy environment.

### **Food day 16/10/2022**

On October 16, 2022, SUM College of Teacher Education celebrated Food Day, inaugurated by Mr. Sudheep. The event focused on the significance of healthy eating and nutrition. Mr. Sudheep's opening address highlighted the importance of balanced diets and the role of food in overall well-being. The celebration featured a variety of activities, including food exhibitions, cooking demonstrations, and discussions on nutritional values. Attendees had the opportunity to explore diverse cuisines and learn about healthy food choices. The event aimed to foster awareness about nutrition and encourage healthier eating habits among students and staff.

### **UN Day 24/10/2022**

On October 24, 2022, SUM College of Teacher Education celebrated UN Day, chaired and addressed by Dr. Cv Jayasree. The event focused on the role of the United Nations in promoting global peace, security, and development. Dr. Jayasree's talk highlighted the UN's achievements and ongoing efforts in addressing international challenges such as human rights, sustainable

development, and humanitarian aid. Her insightful presentation emphasized the importance of global cooperation and the impact of the UN's initiatives on world affairs. The celebration aimed to raise awareness about the UN's mission and inspire participants to contribute to global peace and development efforts.

### **Refreshment program on mental health and leadership 10/10/2022 Mr.Krishnakumar EP**

On October 10, 2022, SUM College of Teacher Education hosted a refreshment program focused on mental health and leadership, facilitated by Mr. Krishnakumar EP. The program aimed to provide insights into the interplay between effective leadership and mental well-being. Mr. Krishnakumar EP led discussions on how mental health impacts leadership qualities and shared strategies for maintaining mental wellness while leading. The session included interactive activities designed to enhance participants' understanding and practical skills. The program successfully emphasized the importance of mental health in leadership roles, offering valuable tools for personal and professional development.

### **Tools and techniques of data analysis 18/10/2022 Nishanth Sir**

On October 18, 2022, SUM College of Teacher Education hosted a session on "Tools and Techniques of Data Analysis," conducted by Nishanth Sir. The session focused on various methodologies and software used for effective data analysis. Nishanth Sir provided an in-depth overview of data analysis tools, including statistical software and data visualization techniques. He demonstrated practical applications and best practices for analyzing complex data sets, highlighting the importance of accurate data interpretation in research and decision-making. The workshop was highly informative, equipping participants with essential skills for conducting thorough and insightful data analysis.

### **Kerala priravi 01/11/2022**

On November 1, 2022, SUM College of Teacher Education celebrated Kerala Piravi, the day marking the formation of the state of Kerala. The event was inaugurated by Dr. Cv Jayasree, who delivered a keynote address highlighting the rich cultural heritage and historical significance of Kerala. The celebration featured cultural performances, traditional music, and dances that

showcased the state's diverse traditions. Dr. Jayasree's inspiring speech emphasized the importance of preserving and celebrating regional identities. The event successfully fostered a sense of pride and unity among attendees, reflecting Kerala's vibrant cultural legacy.

### **Orientation class on KTET- By alumni Smruthi P on 9/11/2022**

On November 9, 2022, SUM College of Teacher Education held an orientation class on the Kerala Teacher Eligibility Test (KTET) in the college auditorium. The session was conducted by alumna Smruthi P, who provided detailed insights into the KTET exam structure and preparation strategies. Smruthi P's presentation covered key aspects of the exam, including question types, scoring patterns, and effective study techniques. Her firsthand experience and practical advice helped attendees understand the requirements and approach for successful KTET preparation. The orientation was informative and instrumental in equipping prospective teachers with the tools needed for their certification journey.

### **National Education Day 11/11/2022**

On November 11, 2022, SUM College of Teacher Education celebrated National Education Day, chaired and addressed by Dr. Cv Jayasree. The event honored the contributions of education to national development and recognized the importance of quality education. Dr. Jayasree delivered a compelling talk on the evolution of the education system, current challenges, and the future of educational reforms. Her address emphasized the role of educators in shaping a knowledgeable and progressive society. The celebration included discussions and activities that underscored the value of education in empowering individuals and advancing societal growth.

### **Office administration 01/12/2022**

On December 1, 2022, SUM College of Teacher Education conducted a course on Office Administration, chaired by Dr. Cv Jayasree. The course aimed to enhance participants' skills in managing office operations efficiently. Dr. Jayasree provided an overview of key administrative functions, including office management, document handling, and effective communication. The session included practical exercises and case studies to develop essential administrative skills. Dr. Jayasree's insights and guidance were instrumental in equipping attendees with the knowledge and



tools necessary for proficient office administration. The course was well-received, contributing to improved organizational skills and administrative capabilities.

### **Diabetic day 14/11/2022**

On November 14, 2022, SUM College of Teacher Education observed Diabetic Day, chaired and addressed by Praseetha P. The event focused on raising awareness about diabetes, its prevention, and management. Praseetha P delivered an informative talk on the types of diabetes, risk factors, and the importance of a healthy lifestyle in managing the condition. Her presentation included practical advice on diet, exercise, and regular monitoring. The session aimed to educate participants on effective diabetes management strategies and promote a healthier lifestyle. The celebration successfully increased awareness and provided valuable resources for diabetes prevention and care.

### **Children's day celebration 14/11/2022**

On November 14, 2022, SUM College of Teacher Education celebrated Children's Day, chaired and addressed by Mr. Divakran PE. The event honored the significance of children's welfare and their role in shaping the future. Mr. Divakran PE delivered an engaging talk focusing on the rights of children, the importance of education, and the need for nurturing their potential. His speech emphasized creating supportive environments that foster learning and growth. The celebration included various activities and performances dedicated to children, aiming to promote their well-being and highlight the importance of investing in their future.

### **Aids day 01/12/2022**

On December 1, 2022, SUM College of Teacher Education marked World AIDS Day, chaired by Dr. Cv Jayasree. The event aimed to raise awareness about HIV/AIDS and promote solidarity with those affected by the disease. Arya Raveendran, a student, delivered a compelling talk on the global impact of AIDS, the importance of prevention, and the need for ongoing research and support. Arya's presentation included information on safe practices, debunking myths, and supporting affected individuals. The celebration fostered a deeper understanding of HIV/AIDS issues and encouraged the college community to contribute to awareness and prevention efforts.

### **Two-day Study Tour 04/12/2022 Mysore –**

On December 4-5, 2022, SUM College of Teacher Education organized a two-day study tour to Mysore, led by Mr. Krishnakumar EP. The tour aimed to provide students with practical learning experiences outside the classroom. Participants visited key historical and educational sites in Mysore, including the Mysore Palace, Chamundi Hill, and local educational institutions. Mr. Krishnakumar EP guided the tour, offering insights into the historical significance and educational practices observed during the visit. The tour was highly educational and engaging, enhancing students' understanding of regional history and culture while fostering a greater appreciation for diverse learning environments.

### **Human right day 10/12/2022**

On December 10, 2022, SUM College of Teacher Education observed Human Rights Day. The event featured a talk delivered by Mr. Suneesh K, who focused on the fundamental principles of human rights and their significance in contemporary society. Mr. Suneesh K highlighted key issues related to human rights violations, the importance of protecting individual freedoms, and the role of education in fostering human rights awareness. His engaging presentation emphasized the need for collective efforts to uphold human dignity and justice. The event successfully raised awareness about human rights and inspired attendees to advocate for equality and fairness.

### **Nurturing Hearts- Amala Bhavan Visit**

On December 22, 2022, SUM College of Teacher Education organized a heartwarming visit to Amala Bhavan as part of the "Nurturing Hearts" initiative. All our students participated in the visit, which aimed to bring joy and support to the residents of the care facility. The students engaged in a variety of activities, including singing songs, dancing, and cutting a festive cake with the residents. Additionally, counseling sessions were conducted to offer emotional support, and necessary equipment was provided to enhance the facility's resources. The visit was a meaningful experience, fostering a sense of community and compassion. The students' interactions and contributions helped brighten the day for the residents, reflecting the college's commitment to service and empathy.

### **Christmas celebration on December 2022 ,23**

On December 23, 2022, SUM College of Teacher Education celebrated Christmas Day with festive enthusiasm. The event featured a variety of activities including a special Christmas program with carol singing, a nativity play, and a lively dance performance by students. The campus was adorned with holiday decorations, creating a warm and cheerful atmosphere. The celebration included a gift exchange and a festive meal, bringing the college community together in a spirit of joy and goodwill. The event highlighted the essence of Christmas—sharing, compassion, and togetherness. Attendees enjoyed a memorable day, filled with holiday cheer and community spirit.

### **New Year day celebration 01//01/2023**

On January 1, 2023, SUM College of Teacher Education welcomed the New Year with a vibrant celebration. The event began with a warm welcome and reflections on the past year's achievements. Festive activities included a lively program featuring music, dance performances, and inspirational speeches. Attendees participated in interactive games and enjoyed a special New Year's brunch. The celebration emphasized a spirit of renewal and optimism for the year ahead. The college community gathered to express their hopes and resolutions, fostering a sense of unity and enthusiasm for the opportunities and challenges of the coming year.

### **Braille day observation 04/01/2023**

On January 4, 2023, SUM College of Teacher Education observed Braille Day, chaired by Dr. Jayasree CV, Principal. The event aimed to raise awareness about the Braille system and its significance for visually impaired individuals. Sudheer Sir conducted an informative class on the Braille script, demonstrating its use and explaining its impact on accessibility and education for the blind. The session included practical exercises for learning Braille, emphasizing its importance in promoting literacy and independence. The event highlighted the college's commitment to inclusivity and supported ongoing efforts to improve accessibility for all individuals.

### **Minister of Local Self Government, Mr.M.B.Rajesh Visited the college and delivered a talk 21/01/2023**

On January 21, 2023, SUM College of Teacher Education had the honor of hosting Mr. M.B. Rajesh, Minister of Local Self Government. The visit was marked by an engaging talk delivered by the Minister, who addressed a gathering of students, faculty, and staff. Mr. Rajesh spoke about the critical role of local governance in community development and the importance of education in empowering future leaders. He shared insights on current initiatives and plans to enhance local self-government and civic engagement. His address emphasized the need for active participation in democratic processes and the value of integrating local governance issues into educational curriculums. The visit was a significant event, inspiring the college community and fostering a deeper understanding of local governance and its impact on societal progress.

### **Republic day 26/01/2023**

On January 26, 2023, SUM College of Teacher Education celebrated Republic Day with patriotic fervor. The event was chaired by Dr. Cv Jayasree, who delivered an inspiring address on the significance of Republic Day and the values enshrined in the Indian Constitution. The celebration included a flag-hoisting ceremony, followed by a series of performances including patriotic songs and a cultural dance, showcasing the spirit of unity and diversity. Dr. Jayasree's speech highlighted the importance of upholding democratic principles and fostering national pride among students. The event successfully brought the college community together to honor the nation's democratic heritage and reinforce a sense of collective responsibility and patriotism.

### **National Youth Day 12/01/2023**

On January 12, 2023, SUM College of Teacher Education celebrated National Youth Day, chaired by Dr. Cv Jayasree. The event featured a thought-provoking address by Mr. Krishnakumar EP, who emphasized the vital role of youth in nation-building and personal development. His speech highlighted the importance of harnessing youthful energy and creativity to drive positive change and innovation. The celebration included activities designed to inspire and motivate students, focusing on leadership, self-reliance, and social responsibility. The event successfully fostered a

sense of empowerment among the students, aligning with the ideals of Swami Vivekananda, whose birthday is commemorated on this day.

### **Identifying physical needs – a class on physical education Akhil Sreedhar 23/01/2023**

On January 23, 2023, SUM College of Teacher Education hosted a class titled "Identifying Physical Needs" in the field of physical education, conducted by Akhil Sreedhar. The session aimed to provide students with insights into assessing and addressing the physical requirements of individuals in various educational and athletic contexts. Akhil Sreedhar covered key topics such as physical fitness assessment, personalized exercise plans, and the importance of meeting individual physical needs for optimal performance and health. The interactive class included practical demonstrations and discussions, equipping students with essential skills for effective physical education and personalized fitness planning.

### **A class on physical fitness-Akhil Sreedhar 29/01/2023**

On January 29, 2023, SUM College of Teacher Education held an engaging class on physical fitness, led by Akhil Sreedhar. The session focused on essential principles of physical fitness, including exercise routines, strength training, and cardiovascular health. Akhil Sreedhar provided practical guidance on creating effective fitness plans tailored to individual needs and goals. The class featured interactive demonstrations and hands-on activities, allowing students to experience various fitness techniques firsthand. Emphasizing the importance of regular physical activity for overall well-being, the session aimed to equip students with valuable knowledge and skills to promote and maintain a healthy lifestyle.

### **Class on samagra 04/02/2023**

On February 4, 2023, SUM College of Teacher Education conducted a class on Samagra, led by Mr. Sunilkumar K. The session provided an in-depth overview of the Samagra Shiksha Abhiyan, a comprehensive scheme for school education. Mr. Sunilkumar K explained the program's objectives, including improving quality education, enhancing school infrastructure, and promoting inclusive education. The class covered various components of the scheme, such as teacher training, curriculum development, and student assessments. Through interactive discussions and practical

insights, students gained a thorough understanding of the Samagra Shiksha Abhiyan's impact on educational development and its implementation strategies.

### **World cancer day- breast cancer awareness program 04/02/2023**

On February 4, 2023, SUM College of Teacher Education observed World Cancer Day with a focused awareness program on breast cancer, conducted by Dr. Cv Jayasree. The program aimed to raise awareness about breast cancer, its prevention, and early detection. Dr. Jayasree delivered a comprehensive talk covering key topics such as risk factors, symptoms, and the importance of regular screenings. The session also included educational materials and practical advice on self-examination techniques. The event emphasized the need for proactive health measures and supported the broader goal of increasing public awareness and reducing the impact of breast cancer through informed and preventive action.

### **International Mother Language Day 21/02/2023**

On February 21, 2023, SUM College of Teacher Education celebrated International Mother Language Day, chaired by Dr. Cv Jayasree. The event highlighted the importance of preserving linguistic diversity and promoting mother tongues. Praseetha P delivered an insightful class on the significance of mother languages in cultural identity and communication. Her presentation covered the role of language in education, the challenges faced by endangered languages, and strategies for their preservation. The session included interactive discussions and activities to engage participants and foster appreciation for linguistic heritage. The event successfully underscored the value of multilingualism and cultural diversity.

### **Science day 28/02/2023**

On February 28, 2023, SUM College of Teacher Education celebrated Science Day, chaired by Dr. Cv Jayasree and conducted by Mr. Divakaran. The event focused on the importance of scientific inquiry and innovation. Mr. Divakaran organized a series of engaging activities, including science experiments, interactive demonstrations, and student presentations. The celebration highlighted recent advancements in science and their impact on everyday life. Dr. Jayasree's opening remarks emphasized the significance of nurturing scientific curiosity and critical thinking among students.

The event successfully fostered enthusiasm for science and provided a platform for showcasing scientific knowledge and creativity.

### **Delhi Agra Study Tour, Feb-18 -26**

From February 18 to February 26, 2023, SUM College of Teacher Education organized an extensive study tour to Delhi, Manali, and Agra, led by Mr. Krishnakumar EP. This educational journey aimed to provide students with enriching experiences through visits to significant cultural, historical, and educational sites.

**Delhi:** The tour commenced in Delhi, where students explored landmarks such as the Red Fort, India Gate, and Qutub Minar. Visits to renowned educational institutions like Delhi University offered insights into higher education and academic research. The students also experienced Delhi's vibrant cultural scene through visits to museums and art galleries.

**Manali:** The next leg of the journey took the group to Manali, known for its picturesque landscapes and natural beauty. Activities included a visit to the Solang Valley, where students engaged in outdoor activities such as skiing and paragliding. The trip to Manali also included a visit to the Hadimba Temple and local markets, allowing students to appreciate the region's cultural heritage and environment.

**Agra:** The tour concluded in Agra, with a visit to the iconic Taj Mahal, a UNESCO World Heritage site. Students explored the architectural marvel and learned about its historical significance. The group also visited the Agra Fort, gaining insights into Mughal architecture and history.

Throughout the tour, Mr. Krishnakumar EP provided valuable guidance and facilitated educational discussions related to the sites visited. The study tour was a remarkable opportunity for students to gain practical knowledge, enhance their cultural understanding, and create lasting memories. The diverse experiences across the three cities enriched the students' perspectives and fostered a deeper appreciation for India's heritage and educational landscape.

### **Dr. V.S. Anilkumar Visited the college for Union Inauguration on 28/02/2023**

On February 28, 2023, SUM College of Teacher Education hosted a significant event marking the inauguration of the student union, with Dr. V.S. Anilkumar as the chief guest. The session was chaired by Dr. CV Jayasree, who provided an inspiring introduction to the proceedings.

Dr. V.S. Anilkumar delivered the inaugural address, emphasizing the role of student unions in fostering leadership skills, enhancing student engagement, and contributing to campus development. His speech highlighted the importance of active participation in student governance and encouraged students to take on leadership roles with responsibility and integrity. Dr. Anilkumar also shared insights on effective teamwork, conflict resolution, and the impact of student initiatives on personal and professional growth.

Dr. Cv Jayasree's chairmanship ensured the smooth flow of the event, and her remarks underscored the significance of the student union in bridging the gap between students and administration. The inauguration ceremony included the unveiling of the new student union board and the announcement of union office bearers. The event concluded with a networking session, allowing students to engage with the guests and each other. The union inauguration was a momentous occasion, setting a positive tone for the upcoming academic year and fostering a spirit of collaboration and leadership among the students.

### **Sports Meet inauguration Sandhya V 10/03/2023**

On March 10, 2023, SUM College of Teacher Education inaugurated its annual Sports Meet. The event was chaired by Dr. Cv Jayasree, who highlighted the importance of sports in promoting physical fitness and team spirit. Mr. Abhinand K delivered a warm welcome address, setting a positive tone for the day's activities. The chief guest, Sandhya V, a distinguished sports personality, formally inaugurated the meet. Her address emphasized the values of discipline, perseverance, and sportsmanship. The ceremony marked the beginning of a day filled with various athletic events, celebrating both competitive spirit and camaraderie among students.

### **Class on practical application of Braille 22/03/2023**



On March 22, 2023, SUM College of Teacher Education hosted a class focused on the practical application of Braille, conducted by Mr. Sudheer Sir. The session aimed to provide hands-on experience with Braille for students and educators. Mr. Sudheer Sir demonstrated various Braille reading and writing techniques, emphasizing the system's importance in accessible education for visually impaired individuals. The class included interactive exercises, allowing participants to practice Braille skills and understand their real-world applications. The session enhanced participants' ability to use Braille effectively and underscored its role in promoting inclusivity and independence.

**Dr. Nafeesa Baby TP delivered a Lecture for Beautiful Lecture on Women& empowerment during the Fine Arts inauguration 30/03/2023**

On March 30, 2023, SUM College of Teacher Education held a Fine Arts Inauguration, featuring a significant lecture on women and empowerment delivered by Dr. Nafeesa Baby TP. Dr. Nafeesa's compelling talk focused on the crucial role of women in arts and society, emphasizing how empowerment through creative expression can drive social change and personal growth. Her lecture highlighted the historical contributions of women in the arts and the importance of supporting and recognizing female artists. Dr. Nafeesa discussed various strategies for overcoming barriers to women's full participation in the arts and advocated for equal opportunities and representation. The session was both inspiring and educational, setting a positive tone for the Fine Arts event and reinforcing the college's commitment to promoting gender equality and celebrating women's achievements in all fields.

**Megha Medical Camp at SUM college of teacher Education 12/04/2023**

On April 12, 2023, SUM College of Teacher Education hosted the Megha Medical Camp, offering comprehensive healthcare services to students and staff. The camp featured several programs, including general health check-ups, diagnostic tests, and consultations with medical professionals. Various medical tests such as blood pressure, glucose levels, and cholesterol screenings were conducted to monitor participants' health. Additionally, educational sessions on preventive healthcare and wellness were organized. The camp aimed to promote health awareness and provide essential medical support, contributing to the overall well-being of the college community. The

event was well-received and highlighted the institution's commitment to fostering a healthy and informed environment.

### **Communication through sign language 10/05/2023- MK Haridasn**

On May 10, 2023, SUM College of Teacher Education conducted an insightful class on "Communication through Sign Language," led by Mr. MK Haridas. The session aimed to enhance understanding and skills in using sign language for effective communication with the deaf and hard-of-hearing community. Mr. Haridas provided practical demonstrations and interactive exercises, covering essential signs and techniques. The class also addressed the importance of sign language in promoting inclusivity and accessibility in educational settings. Participants engaged actively, gaining valuable knowledge and practical skills to support communication and foster a more inclusive environment.

### **NAAC FDP on 22/05/2023 Class taken by Soumya Miss, Guru Dev Arts and Science College, Mathil 22/05/2023.**

On May 22, 2023, SUM College of Teacher Education organized a Faculty Development Program (FDP) focused on NAAC (National Assessment and Accreditation Council) processes and standards. The session was conducted by Ms. Soumya from Guru Dev Arts and Science College, Mathil, who shared her expertise on enhancing institutional quality and preparing for NAAC accreditation.

Ms. Soumya delivered a comprehensive class covering key NAAC criteria, including curriculum design, teaching-learning processes, research and innovations, and student support systems. She provided practical insights into the documentation required for NAAC accreditation and strategies for meeting the assessment criteria effectively. The session also included discussions on best practices for continuous improvement and quality assurance in higher education institutions.

The FDP was well-received by faculty members, who gained valuable knowledge on NAAC requirements and how to implement them in their respective departments. Ms. Soumya's presentation equipped attendees with practical tools and strategies to enhance their institution's readiness for accreditation, contributing to overall institutional growth and quality enhancement.

### **International Day for Biological Diversity 22/05/2023**

On May 22, 2023, SUM College of Teacher Education observed the International Day for Biological Diversity, chaired by Dr. Cv Jayasree. The event aimed to raise awareness about the importance of biodiversity and its role in sustaining ecological balance. Dr. Jayasree emphasized the need for conservation efforts and the impact of biodiversity on human well-being. The program included informative presentations and discussions on local and global biodiversity issues, highlighting conservation strategies and sustainable practices. The celebration underscored the college's commitment to environmental stewardship and educating students about the significance of protecting our planet's diverse life forms.

### **Dr. Jessy, Principal of P.K.M College Visited and delivered a NAAC lecture on 23/5/2023**

On May 23, 2023, SUM College of Teacher Education welcomed Dr. Jessy, Principal of P.K.M College, who delivered an insightful lecture on NAAC (National Assessment and Accreditation Council) processes. Dr. Jessy's presentation focused on the intricacies of NAAC accreditation, emphasizing the key criteria and best practices for preparing a successful submission. She covered various aspects such as quality assurance, curriculum development, and institutional governance, providing practical tips on how institutions can align with NAAC standards. Dr. Jessy also shared her experiences and case studies from P.K.M College, highlighting effective strategies for continuous improvement and achieving high scores in accreditation. The session was well-received by faculty members, who found the insights valuable for enhancing their institution's quality and readiness for NAAC evaluation. Dr. Jessy's visit significantly contributed to the college's ongoing efforts in quality enhancement and accreditation preparation.

### **Mr.Chandrababu VC, Akashuvani Kannur delivered a Talk about Environment Day 05/06/23**

On June 5, 2023, SUM College of Teacher Education hosted a compelling talk on Environment Day, delivered by Mr. Chandrababu VC from Akashuvani Kannur. The session, held in the college auditorium, focused on the pressing environmental issues facing the world today and the role of individuals and communities in fostering sustainability. Mr. Chandrababu emphasized the significance of reducing carbon footprints, conserving natural resources, and promoting eco-

friendly practices. He shared practical strategies for environmental conservation and discussed the impact of collective efforts on mitigating climate change. The talk included engaging discussions and interactive elements, encouraging students and staff to adopt environmentally responsible behaviors. Mr. Chandrababu's presentation was both informative and motivational, reinforcing the college's commitment to environmental stewardship and sustainability.

### **Ocean day 08/06/2023**

On June 8, 2023, SUM College of Teacher Education celebrated Ocean Day with an educational class conducted by Praseetha P. The session focused on the vital role oceans play in maintaining ecological balance and supporting life on Earth. Praseetha P covered topics such as marine biodiversity, the impact of pollution on oceanic ecosystems, and the importance of ocean conservation. The class also included discussions on sustainable practices to protect marine environments and reduce human impact. The event aimed to raise awareness among students about ocean conservation and inspire proactive measures for preserving ocean health.

### **Blood donation day 14/06/2023**

On June 14, 2023, SUM College of Teacher Education observed Blood Donation Day, chaired by Dr. Cv Jayasree. The event featured a class conducted by Mr. Krishnakumar EP, who educated students and staff about the importance of blood donation and its impact on saving lives. Mr. Krishnakumar discussed the process of donating blood, the eligibility criteria, and the health benefits for donors. The session also highlighted the critical need for regular blood donations to support medical emergencies and ongoing treatments. The event aimed to encourage participation in blood donation drives and foster a sense of community responsibility.

### **Mr.Ajithkumar IPS, City Police Commissioner Rural derived a Keynote address during the College Day inauguration on 16/6/2023**

On June 16, 2023, SUM College of Teacher Education inaugurated its College Day with a keynote address delivered by Mr. Ajithkumar IPS, City Police Commissioner Rural. In his speech, Mr. Ajithkumar emphasized the importance of education in shaping responsible citizens and the role of institutions in fostering ethical values and leadership skills. He highlighted the need for students

to engage actively in community service and contribute positively to society. His address inspired students to strive for excellence and take on leadership roles with integrity. The event set an optimistic tone for the academic year ahead, celebrating achievements and envisioning future growth.

### **On 19/6/2023 V.B. Jyovish Inaugurated the Literacy Club Inauguration 19/6/2023**

On June 19, 2023, SUM College of Teacher Education inaugurated its new Literacy Club, with V.B. Jyovish as the chief guest. During the inauguration, V.B. Jyovish delivered an inspiring speech on the importance of literacy and its impact on personal and community development. He emphasized the role of the Literacy Club in promoting reading, writing, and educational initiatives among students. The event included a presentation on the club's goals and upcoming activities, aimed at enhancing literacy skills and fostering a love for learning. The inauguration marked a significant step towards advancing educational engagement within the college community.

### **World refuge day 20/06/2023**

World Refugee Day On June 20, 2023, SUM College of Teacher Education observed World Refugee Day with a meaningful address by Dr. Cv Jayasree. Dr. Jayasree highlighted the challenges faced by refugees globally and the importance of empathy, support, and advocacy for their rights. Her speech focused on raising awareness about the plight of displaced individuals and promoting initiatives to assist them in rebuilding their lives. Dr. Jayasree encouraged students and staff to engage in community outreach and contribute to efforts aimed at providing aid and fostering inclusion for refugees. The event underscored the college's commitment to social justice and humanitarian values.

### **Yoga Day celebration On 21/06/2023 Govindan Master Punarjani Yoga Centre Chakkarakal. 21/06/2023**

On June 21, 2023, SUM College of Teacher Education celebrated International Yoga Day with a special session led by Govindan Master from Punarjani Yoga Centre, Chakkarakal. The event highlighted the importance of yoga for physical health, mental well-being, and overall balance. Govindan Master conducted a series of yoga practices, including asanas and breathing exercises,

demonstrating techniques to enhance flexibility, strength, and relaxation. His guidance emphasized the benefits of incorporating yoga into daily routines for improved health and stress management. The celebration was well-received, fostering a sense of wellness and mindfulness among students and staff.

### **Megha Alumni Meeting 25/06/2023**

On June 25, 2023, SUM College of Teacher Education hosted the Megha Alumni Meeting, chaired by Mr. Krishnakumar EP. The event featured an address by Dr. Cv Jayasree, who welcomed the alumni and highlighted the importance of maintaining strong connections with former students. Dr. Jayasree shared updates on the college's recent developments and encouraged alumni to contribute their experiences and insights to support current students. The meeting fostered networking opportunities and discussions on collaborative initiatives, emphasizing the role of alumni in enhancing the college's community and continuing its tradition of excellence.

### **International Day Against Drug Abuses and illegal trafficking of humans 26/06/2023**

On June 26, 2023, SUM College of Teacher Education observed the International Day Against Drug Abuse and Illegal Trafficking of Humans, organized by Ms. Shincy Mohan. The event aimed to raise awareness about the severe impacts of drug abuse and human trafficking. Ms. Shincy Mohan led an informative session detailing the societal and health issues associated with these problems. The program included presentations on preventive measures, legal frameworks, and support systems for victims. Attendees participated in discussions and activities designed to enhance understanding and promote active involvement in combating these issues. The event underscored the college's commitment to social responsibility and advocacy for a drug-free and trafficking-free society.

### **National Statics Day 29/06/2023**

On June 29, 2023, SUM College of Teacher Education celebrated National Statistics Day, chaired by Mr. Divakran. The event featured a class conducted by Mr. Suneesh K, focusing on the significance of statistics in various fields. Mr. Suneesh provided insights into statistical methods, data analysis, and the role of statistics in informed decision-making. The session highlighted the

importance of accurate data in research, policy formulation, and everyday life. Attendees engaged in discussions about the impact of statistics on societal issues and its applications in professional practices. The event underscored the value of statistical literacy in the modern world.

### **Armed Force Flag Day celebration 1/7/2023**

On July 1, 2023, SUM College of Teacher Education observed Armed Forces Flag Day, chaired by Mr. Abhinand K, Physical Education Teacher. The event was dedicated to honoring the bravery and sacrifices of the armed forces. Mr. Abhinand K highlighted the importance of supporting and recognizing the contributions of military personnel. The program included a tribute to the armed forces, discussions on their role in national security, and fundraising activities to support veterans and their families. The celebration aimed to foster a sense of patriotism and gratitude among students and staff for the service and dedication of the armed forces.

### **School Principles Meeting (Google Meet) before Practice Teaching on 7/7/2023**

On July 7, 2023, SUM College of Teacher Education hosted a virtual meeting with school principals via Google Meet, held in preparation for upcoming practice teaching sessions. The meeting aimed to discuss the framework and expectations for practice teaching placements, ensuring a smooth and effective experience for student teachers. Key topics included the alignment of teaching objectives, evaluation criteria, and logistical arrangements. The session provided an opportunity for principals to share their insights and for the college to address any queries or concerns. This collaborative effort was instrumental in establishing a clear understanding and strong partnership between the college and the participating schools.

### **Population day 11/07/2023**

On July 11, 2023, SUM College of Teacher Education marked Population Day with an informative class conducted by Mr. Suneesh K. The session focused on global and national population trends, demographic challenges, and their implications for sustainable development. Mr. Suneesh provided insights into population growth, density, and policies aimed at managing demographic changes. The class highlighted the importance of awareness and education in addressing issues such as resource distribution, environmental impact, and socio-economic development. Students

engaged in discussions about strategies to manage population growth and its effects on society. The event underscored the need for informed action in population management.

### **International lunar day 22/07/2023**

On July 22, 2023, SUM College of Teacher Education celebrated International Lunar Day with an engaging class conducted by Mr. Divakaran PE. The session focused on the significance of lunar studies, including the moon's phases, its impact on Earth, and its role in various scientific and cultural contexts. Mr. Divakaran provided an overview of lunar science, including the latest research and discoveries related to lunar exploration. The class also included discussions on the moon's influence on tides, calendars, and space missions. This event aimed to deepen students' understanding of lunar phenomena and foster an appreciation for astronomical sciences. The celebration highlighted the moon's importance in both scientific inquiry and cultural heritage

### **World Conservation Day 28/07/2023**

On July 28, 2023, SUM College of Teacher Education observed World Conservation Day, chaired by Dr. Cv Jayasree. The event aimed to raise awareness about environmental conservation and the importance of protecting natural resources. Dr. Jayasree emphasized the need for sustainable practices and highlighted various conservation strategies to address issues such as deforestation, pollution, and climate change. The program included informative sessions and interactive discussions on the impact of human activities on ecosystems and ways to reduce environmental footprints. Attendees were encouraged to participate in conservation efforts and adopt eco-friendly habits. The celebration reinforced the college's commitment to environmental stewardship and sustainable development.

### **A workshop for Learning Aid preparation Raman Sir on 2023/July 21, 21.07.2023**

On July 21, 2023, SUM College of Teacher Education conducted a workshop on Learning Aid Preparation, facilitated by Raman Sir. The session focused on creating effective and engaging learning aids to enhance educational experiences. Raman Sir provided practical guidance on designing visual aids, interactive materials, and educational tools that cater to diverse learning styles. Participants engaged in hands-on activities, developing their own aids and sharing ideas for



classroom application. The workshop aimed to equip educators with the skills to create resources that support student learning and foster a more interactive and inclusive educational environment.

### **FDP on 11/08/2023 by Hameed Sir, Principal Salafi Meppayoor 11/08/2023**

On August 11, 2023, SUM College of Teacher Education hosted a Faculty Development Program (FDP) led by Hameed Sir, Principal of Salafi Meppayoor. The session aimed to enhance teaching methodologies and professional skills among faculty members. Hameed Sir shared valuable insights on innovative teaching techniques, classroom management, and academic leadership. The program included interactive discussions and practical exercises designed to improve pedagogical approaches and foster a collaborative learning environment. The FDP provided faculty with new strategies and tools to elevate their teaching practices and contribute more effectively to student development and institutional goals.

### **Hiroshima day 06/08/2023 -Nagasaki day observation 09/08/2023**

SUM College of Teacher Education observed Hiroshima Day on August 6, 2023, and Nagasaki Day on August 9, 2023. These commemorative events were dedicated to remembering the devastating impact of the atomic bombings during World War II. The observances included presentations on the historical significance and humanitarian consequences of the bombings, as well as discussions on the importance of promoting peace and nuclear disarmament. The events aimed to educate students about the tragedies and encourage reflection on global peace efforts. These observances underscored the college's commitment to fostering a culture of awareness and advocacy for a peaceful world.

### **Iqac, The Department Of Social Science, And Sumcte Are Organizing An Independence Celebration On 15/08/2023**

On August 15, 2023, SUM College of Teacher Education, in collaboration with the Internal Quality Assurance Cell (IQAC) and the Department of Social Science, organized a grand Independence Day celebration. The event featured a flag-hoisting ceremony, followed by a series of patriotic speeches and cultural performances. The program highlighted the significance of India's independence and the contributions of freedom fighters. Students and staff participated

enthusiastically, reflecting on the values of freedom and unity. The celebration served as a reminder of the nation's progress and the importance of upholding democratic principles and national pride.

### **Farmers Day celebration on 18/08/2023 Talk By Organic Farmer Ms. Indu C.K. 18/08/2023**

On August 18, 2023, SUM College of Teacher Education celebrated Farmers' Day with a special talk by Ms. Indu C.K., an esteemed organic farmer. Ms. Indu shared her experiences and insights on sustainable farming practices, emphasizing the benefits of organic agriculture for both health and the environment. Her talk covered topics such as soil health, crop diversification, and eco-friendly farming techniques. The event aimed to highlight the crucial role of farmers in food security and environmental stewardship. Students and staff gained valuable knowledge about supporting local agriculture and promoting sustainable food systems.

### **Onam Celebration 25/08/2023**

On August 25, 2023, SUM College of Teacher Education celebrated Onam, a vibrant and traditional festival of Kerala. The celebration featured a series of engaging events that showcased the rich cultural heritage associated with Onam. The day began with the traditional "Pookalam" (flower arrangement) competition, where students created intricate and colorful floral designs at the college entrance.

The festivities continued with a grand Onam feast, which included a variety of traditional Kerala dishes served on banana leaves. Students and staff enjoyed the sumptuous meal, celebrating the spirit of togetherness and abundance.

Cultural performances were a highlight of the event, featuring classical dance forms such as Kathakali and Mohiniyattam, along with energetic folk dances and musical performances. The program also included traditional games like "Onathallu" (a mock fight) and "Vadamvali" (tug-of-war), adding a touch of fun and competition to the celebration.

The event concluded with a prize distribution ceremony, recognizing the best performances and contributions. The Onam celebration at SUM College fostered a sense of community and cultural appreciation, bringing together students and staff in a joyous celebration of Kerala's heritage.

### **Teachers' Day celebration 5/9/2023**

On September 5, 2023, SUM College of Teacher Education celebrated Teachers' Day with a special event chaired by Dr. Cv Jayasree. The occasion was dedicated to honoring and appreciating the contributions of the college's teaching staff. The program began with a heartfelt welcome by Dr. Jayasree, who highlighted the invaluable role teachers play in shaping the future and fostering academic excellence.

The celebration featured a series of activities, including speeches, cultural performances, and a special tribute to the faculty members. Students expressed their gratitude through performances and presentations that showcased their admiration and respect for their teachers. The event also included a presentation of awards and tokens of appreciation to faculty members for their dedication and hard work.

The atmosphere was filled with warmth and gratitude as students and colleagues acknowledged the significant impact of educators in their lives. The celebration reinforced the college's commitment to recognizing and valuing the efforts of its teaching staff, fostering a supportive and appreciative academic environment.

### **Best out of waste workshop 11/09/2023**

On September 11, 2023, SUM College of Teacher Education hosted a "Best Out of Waste" workshop, addressed by Dr. Cv Jayasree. The workshop aimed to promote creativity and environmental awareness through the innovative use of waste materials. Dr. Jayasree highlighted the importance of recycling and sustainable practices in everyday life. Participants engaged in hands-on activities, creating functional and artistic items from discarded materials. The session emphasized how waste can be transformed into valuable resources, fostering a mindset of sustainability and resourcefulness. The workshop successfully inspired students and staff to rethink waste and contribute to environmental conservation.

### **Ozone day 16/09/2023**

On September 16, 2023, SUM College of Teacher Education observed Ozone Day with an informative class led by Mrs. Praseetha. The session focused on the significance of the ozone layer, its role in protecting Earth from harmful ultraviolet radiation, and the current challenges it faces due to human activities. Mrs. Praseetha provided insights into the impacts of ozone depletion on the environment and health, and discussed global and local efforts to mitigate these issues. The class emphasized the importance of adopting eco-friendly practices to preserve the ozone layer and ensure a sustainable future.

### **Importance of World Trauma Day Morning session 17/09/2023**

On September 17, 2023, SUM College of Teacher Education inaugurated the World Trauma Day morning session, led by Dr. Cv Jayasree. The session aimed to raise awareness about trauma care and its critical importance in healthcare and emergency response. Dr. Jayasree highlighted the significance of timely and effective trauma management and the need for proper training and resources. The morning session included presentations on trauma care techniques, case studies, and discussions on improving trauma response strategies. The event emphasized the crucial role of education and preparedness in enhancing trauma care and saving lives.

### **International Day for the Eradication of Poverty- afternoon session 17/09/2023**

In the afternoon session of September 17, 2023, SUM College of Teacher Education observed the International Day for the Eradication of Poverty. The session, conducted by Dr. Cv Jayasree and chaired by Mr. Suneesh K, focused on raising awareness about global poverty and exploring strategies for its eradication. Dr. Jayasree discussed the multi-dimensional aspects of poverty and the role of education in addressing socio-economic inequalities. The session featured presentations on poverty reduction initiatives and interactive discussions on practical measures to alleviate poverty. The event aimed to foster a deeper understanding of poverty issues and promote active engagement in creating sustainable solutions.

### **International sign language 23/09/20232**

On September 23, 2023, SUM College of Teacher Education observed International Sign Language Day with an enlightening session addressed by Mr. George Joseph. Mr. Joseph emphasized the significance of sign language in promoting communication and inclusion for the deaf and hard-of-hearing communities. He highlighted the role of sign language in bridging communication gaps and fostering equal opportunities. The session included demonstrations of basic sign language gestures and discussions on raising awareness about its importance. The event aimed to enhance understanding and appreciation of sign language, contributing to a more inclusive and accessible society.

### **Meet the Candidate program on 27/09/23 At SUM College auditorium 27/09/23**

On September 27, 2023, SUM College of Teacher Education hosted a "Meet the Candidate" program in the college auditorium, chaired by Mr. Divakaran PE. The event provided an opportunity for students and staff to interact with the candidates running for various positions. Mr. Divakaran led the session, facilitating discussions and ensuring an organized exchange of ideas. Candidates presented their visions, policies, and plans, addressing questions and concerns from the audience. The program aimed to promote transparency and informed decision-making in the election process, encouraging active participation from the college community.

### **Gandhi Jayanthi 02/10/2023**

On October 2, 2023, SUM College of Teacher Education celebrated Gandhi Jayanti with a meaningful program. Dr. Cv Jayasree addressed the gathering, highlighting Mahatma Gandhi's principles of non-violence, truth, and social justice. Her speech emphasized the relevance of Gandhi's teachings in contemporary society. Following this, Mr. Krishnakumar EP conducted a class on Gandhi's philosophy and its application in modern education and leadership. The session explored Gandhiji's impact on Indian history and his enduring legacy. The celebration served as a reminder of Gandhi's ideals and inspired participants to incorporate his values into their daily lives.

### **Threat on communication through sign Language 3/10/2023**

On October 3, 2023, SUM College of Teacher Education hosted a class on the threats to effective communication through sign language, chaired by Dr. Cv Jayasree. Mr. George Joseph conducted

the session, addressing various challenges faced in sign language communication. He discussed issues such as misinterpretations, regional variations, and the lack of standardized resources. The class included interactive discussions and case studies to highlight these threats and propose solutions for improving communication. Dr. Jayasree emphasized the importance of understanding and addressing these challenges to enhance accessibility and inclusivity for the deaf and hard-of-hearing communities.

### **Mental Health Day celebration inaugurated By Mr Anoopkumar on 10/10/2023 at SUM college auditorium**

On October 9, 2023, SUM College of Teacher Education hosted a session on mental health awareness, led by Dr. Cv Jayasree. Dr. Jayasree addressed the growing importance of mental health in today's society, highlighting the increasing prevalence of mental health issues and the stigma surrounding them. The session covered strategies for improving mental well-being, the significance of early intervention, and the role of education in promoting mental health awareness. Dr. Jayasree emphasized the need for supportive environments and open conversations to address mental health challenges effectively and foster a healthier, more inclusive society.

### **Food day 16/10/2023**

On October 16, 2023, SUM College of Teacher Education celebrated Food Day under the chairmanship of Dr. Cv Jayasree. The event aimed to promote awareness about nutrition, healthy eating, and food sustainability. Dr. Jayasree highlighted the importance of balanced diets and the impact of food choices on overall health and well-being. The celebration featured various activities, including a food fair showcasing nutritious recipes, interactive workshops on meal planning, and informative sessions on food safety. The event encouraged participants to adopt healthier eating habits and fostered a deeper appreciation for the role of food in maintaining a balanced lifestyle.

### **Cancer Awareness Class on Dr. Deepthi T.R. on 18/10/2023 at SUM Auditorium 18/10/2023**

On October 18, 2023, SUM College of Teacher Education hosted a Cancer Awareness Class in the college auditorium, led by Dr. Deepthi T.R. Dr. Deepthi delivered an insightful presentation on

cancer prevention, early detection, and treatment options. She discussed various types of cancer, their risk factors, and the importance of regular screenings. The session included practical advice on lifestyle changes that can reduce cancer risk and the latest advancements in cancer research and treatment. Dr. Deepthi's talk aimed to educate and empower attendees with the knowledge to support cancer awareness and encourage proactive health management.

### **United Nation Day 24/10/2024**

On October 24, 2024, SUM College of Teacher Education observed United Nations Day with a class conducted by Mr. Krishnakumar EP. The session focused on the role and impact of the United Nations in promoting global peace, security, and sustainable development. Mr. Krishnakumar discussed the UN's various initiatives and programs, highlighting its contributions to international cooperation and human rights. The class included interactive discussions on the importance of global citizenship and the UN's mission to address global challenges. The event aimed to enhance students' understanding of the UN's significance and encourage active participation in global issues.

### **Mr. Manoj K.V's NSS Union Orientation class and activities 25/10/2023**

On October 25, 2023, SUM College of Teacher Education conducted an NSS Union Orientation session, led by Mr. Manoj K.V. and chaired by Mr. Suneesh K. The orientation focused on the objectives and activities of the National Service Scheme (NSS), emphasizing the importance of community service and volunteerism. Mr. Manoj provided insights into the various projects and initiatives under NSS, highlighting the role of students in driving social change. The session included interactive discussions and planning for upcoming NSS activities. The event aimed to prepare students for active participation in community service and enhance their leadership and organizational skills.

### **Social Science Club Inauguration-Rajesh Kumar Civil Police Officer -A class on Cyber Crime 1/11/2023**

On November 1, 2023, SUM College of Teacher Education inaugurated the Social Science Club with a special session on cybercrime, led by Rajesh Kumar, a Civil Police Officer. Chaired by Mr.

Krishnakumar EP, the event focused on the growing issue of cybercrime and its impact on society. Rajesh Kumar delivered an informative class on identifying, preventing, and addressing cybercrimes, including practical tips for safeguarding personal information. The session aimed to raise awareness among students about the digital threats and equip them with the knowledge to navigate the online world safely and responsibly.

### **Voice of Brain a debate on 03/11/2023 Chaired by Principle Dr Jayasree C.V at SUM Auditorium 03/11/2023**

On November 3, 2023, SUM College of Teacher Education hosted a debate titled "Voice of Brain," chaired by Principal Dr. Cv Jayasree. The debate provided a platform for students to discuss and express their views on current societal issues and intellectual challenges. Dr. Jayasree facilitated the session, ensuring a balanced and respectful exchange of ideas. The event encouraged critical thinking and effective communication skills among participants. The debate highlighted diverse perspectives and promoted a deeper understanding of complex topics, fostering an environment of intellectual engagement and discourse within the college community.

### **Health and sports club inauguration by Srivin N (kho kho player 6/11/2023**

On November 6, 2023, SUM College of Teacher Education inaugurated its Health and Sports Club with a special ceremony. The event was graced by Srivin N, a renowned Kho-Kho player, who inaugurated the club and shared his insights on the importance of sports and physical fitness. The inauguration, chaired by the college administration, included a speech by Srivin N on maintaining a healthy lifestyle through sports and exercise. The event aimed to promote physical activity and wellness among students, encouraging them to engage actively in sports and embrace a balanced, healthy lifestyle.

### **National education day 11/11/2023**

On November 11, 2023, SUM College of Teacher Education celebrated National Education Day under the chairmanship of Dr. Cv Jayasree. The event focused on the significance of education in shaping individuals and society. Dr. Jayasree delivered an inspiring address highlighting the role of education in personal development and national progress. The celebration included discussions



on educational reforms, the impact of quality education on socio-economic growth, and the need for continuous improvement in teaching methodologies. The event aimed to honor the contributions of education in building a better future and to reaffirm the institution's commitment to educational excellence.

### **Diabetic day 14/11/2023**

On November 14, 2023, SUM College of Teacher Education observed Diabetic Day, chaired by Abhinand P. The event aimed to raise awareness about diabetes, its prevention, and management. Abhinand P highlighted the importance of understanding diabetes as a critical health issue and discussed strategies for maintaining healthy lifestyles to prevent and manage the condition. The program included informative sessions on dietary choices, regular exercise, and monitoring blood sugar levels. The day served as a reminder of the ongoing efforts needed to combat diabetes and promote healthier living practices within the college community.

### **English club inauguration 19/11/2023**

On November 19, 2023, SUM College of Teacher Education inaugurated its English Club with a special ceremony aimed at fostering a vibrant environment for improving English language skills. The event featured engaging activities, including introductory speeches, a presentation on the club's objectives, and plans for future events. The English Club aims to enhance students' proficiency in English through various activities such as debates, literature discussions, and language workshops. The inauguration was a significant step towards encouraging students to develop their language skills and participate actively in enhancing their communication and literary abilities.

### **Encouraging with text- Developing analytical and creative writing- By Shincy Mohan**

#### **15/11/2023 367 Kanav buds school visit student service**

On November 15, 2023, Shincy Mohan conducted a workshop titled "Encouraging with Text - Developing Analytical and Creative Writing" during a visit to Kanav Buds School. The session, part of the student service initiative, focused on enhancing students' writing skills through analytical and creative approaches. Shincy Mohan introduced various techniques to stimulate

creative thinking and improve analytical writing abilities. The workshop included interactive activities designed to engage students in writing exercises, discussions, and critical analysis of texts. The event aimed to inspire students to explore their creativity, develop their writing skills, and foster a love for literature, contributing to their overall academic growth and self-expression.

**On 22/11/2023 A Magic Show was organized by Rajeev Mukunadn, a Magician to eradicate HIV/AIDS at SUM College Auditorium 22/11/2023**

On November 22, 2023, SUM College of Teacher Education hosted a captivating magic show organized by magician Rajeev Mukunadan, aimed at raising awareness about HIV/AIDS. The event, held in the college auditorium, creatively combined entertainment with education to highlight the importance of HIV/AIDS awareness and prevention. Rajeev Mukunadan's performance engaged the audience with mesmerizing tricks and illusions while integrating informative messages about HIV/AIDS. The show served as a unique platform to discuss the significance of understanding and addressing HIV/AIDS in society, promoting safe practices, and supporting those affected by the disease. The event successfully blended educational content with entertainment to foster greater awareness and empathy among the students and staff.

**On 20/12/2023 Mr.Jayadevan SK, Lecturer DIET Kannur inaugurated the Mathematics club 20/12/2023**

On December 20, 2023, SUM College of Teacher Education inaugurated its Mathematics Club, with Mr. Jayadevan SK, Lecturer at DIET Kannur, as the chief guest. The event was chaired by Deepthi OV, who oversaw the proceedings. Mr. Jayadevan SK delivered an inspiring speech on the importance of mathematics in everyday life and its role in fostering critical thinking and problem-solving skills. He highlighted the club's objectives, which include promoting mathematical knowledge, organizing competitions, and encouraging students to explore mathematical concepts in depth. The inauguration marked the beginning of an exciting journey for the Mathematics Club, aiming to enhance students' enthusiasm and proficiency in mathematics through various engaging activities and discussions.

**Visit to Amala Bhavan 24/12/2023 and Christmas celebration 25/12/2024- Nurturing Hearts- celebrating with Amala Bhavan inmates, cutting cake, supplying detergents,**

On December 24-25, 2023, SUM College of Teacher Education organized a heartfelt visit to Amala Bhavan as part of the "Nurturing Hearts" initiative. The visit on December 24 aimed to spread cheer and provide support to the residents of Amala Bhavan. Students and staff engaged in various activities, including singing carols and distributing essential supplies such as detergents. The following day, December 25, the Christmas celebration continued with a joyful cake-cutting ceremony. The event fostered a sense of community and compassion, as participants celebrated the festive season with Amala Bhavan inmates, sharing warmth and kindness. The initiative successfully created a meaningful connection and brought festive cheer to the residents.