# PROGRAMME REPORT 2019

SUM COLLEGE OF TEACHER EDUCATION

# Report of 2019 -2020

# 1.New Year Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 1st January 2019

Time: 10:30 AM

The New Year celebration at Sum College of Teacher Education on 1st January 2019 was a vibrant and joyous event that marked the beginning of another promising year. Students and faculty came together to welcome the New Year with a variety of activities, including a gift exchange program and engaging cultural performances. The event fostered camaraderie, positivity, and a sense of renewal among participants.

# Objectives of the Programme:

To celebrate the arrival of the New Year with enthusiasm and positivity.

To strengthen bonds among students and faculty through interactive and meaningful activities.

To encourage creativity and participation through cultural performances.

To inspire a sense of hope, renewal, and commitment for the year ahead.

Programme Highlights:

#### Welcome Address:

The program began with a warm welcome by Ms.Amrutha T O, who highlighted the significance of starting the New Year with optimism and unity.

## Gift Exchange Program:

A fun-filled gift exchange program was organized, where participants exchanged thoughtful gifts anonymously. The activity fostered a sense of joy and surprise, creating a lively and cheerful atmosphere.

#### **Cultural Performances:**

Students presented a variety of cultural performances, including dances, songs, and skits, reflecting the festive mood of the occasion.

The performances showcased the talents and creativity of the students, spreading happiness and energy throughout the gathering.

## Message of the New Year:

A motivational New Year message was delivered by the principal, emphasizing the importance of setting positive goals, embracing challenges, and working together for personal and collective growth in the year ahead.

A series of interactive games were conducted to engage the participants and add a fun element to the celebration.





Students and faculty actively, making the event memorable and inclusive.

## Vote of Thanks:

The program concluded with a vote of thanks by Ms.Jasni (student), who expressed gratitude to all the participants, organizers, and faculty for their contributions to the success of the event.

The New Year celebration at Sum College of Teacher Education was a delightful and engaging event that successfully ushered in the spirit of the New Year.

# 2. International Braille Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 4th January 2019

Time: 10:00 AM

On 4th January 2019, International Braille Day was celebrated at Sum College of Teacher Education to honor the contributions of Louis Braille, the inventor of the Braille script, and to raise awareness about the importance of Braille in the lives of visually impaired individuals. The program featured a talk by Mr. Sajesh K P (UPST Teacher) on the topic, Braille in Daily Life, which highlighted the significance and practical applications of Braille in fostering inclusivity and independence.

# Objectives of the Programme:

To commemorate the birth anniversary of Louis Braille and recognize his contribution to empowering visually impaired individuals.

To raise awareness about the importance of Braille as a tool for education and communication.

To educate students and faculty on the practical applications of Braille in everyday life.

To inspire future educators to adopt inclusive practices in their teaching methods.

Programme Highlights:

Welcome Address:

The event commenced with a warm welcome by Ms.Ruby rajeev.(student), who explained the significance of International Braille Day and the relevance of Braille in promoting accessibility and equality.

Talk by Mr. Sajesh K P:

Mr. Sajesh K P, an experienced UPST teacher, delivered an insightful talk on the topic Braille in Daily Life.

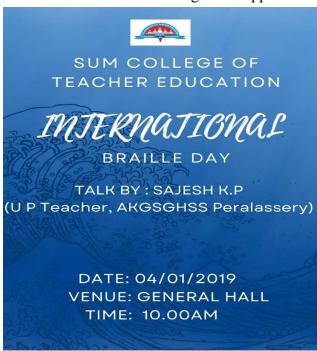
He discussed the history of Braille, its development, and its impact on the education and empowerment of visually impaired individuals.

Through real-life examples, he demonstrated how Braille enables individuals to navigate daily tasks, pursue education, and achieve independence.

Mr. Sajesh also emphasized the need for educators to create inclusive learning environments that cater to the needs of students with visual impairments.

## Interactive Session:

Following the talk, an interactive session allowed students to ask questions and engage in a discussion about the challenges and opportunities for visually impaired individuals.





Participants explored ways to incorporate Braille in classrooms and public spaces to enhance accessibility.

Acknowledgment of Braille Contributions:

The program included a brief presentation on the life and achievements of Louis Braille, inspiring students to appreciate the profound impact of his invention.

## Vote of Thanks:

The event concluded with a vote of thanks by Ms.Poornima K(student), expressing gratitude to Mr. Sajesh K P for his enlightening talk and to the participants for their active involvement.

The celebration of International Braille Day at Sum College of Teacher Education was a meaningful and enlightening event that underscored the importance of inclusivity and accessibility.

# 3. National Youth Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 12th January 2019

Time: 10:00 AM

On 12th January 2019, National Youth Day was celebrated at Sum College of Teacher Education to commemorate the birth anniversary of Swami Vivekananda, an icon of youth empowerment and inspiration. The program featured a thought-provoking talk by Mr. Manoj K V, a renowned life skill trainer, who emphasized the role of youth in shaping a progressive and inclusive society.

Objectives of the Programme:

To honor the legacy of Swami Vivekananda and inspire students to embody his ideals and values.

To empower students with life skills essential for personal and professional growth.

To foster a sense of responsibility and leadership among youth.

To encourage active participation in nation-building activities.

Programme Highlights:

Welcome Address:

The program began with a welcome speech by Ms.Shilna V C(student), who highlighted the significance of National Youth Day and the relevance of Swami Vivekananda's teachings in today's world.

Talk by Mr. Manoj K V:

Mr. Manoj K V, an experienced life skill trainer, delivered an engaging and motivational talk that captured the attention of the audience.

He emphasized the importance of self-confidence, resilience, and critical thinking in achieving personal and professional success.

Drawing inspiration from the life and teachings of Swami Vivekananda, Mr. Manoj encouraged students to take charge of their lives and contribute positively to society.

He also shared practical tips and strategies to enhance decision-making, time management, and interpersonal skills.

Interactive Session:

The session was followed by an interactive Q&A segment where students discussed challenges faced by youth and sought guidance on building life skills to overcome them.



Reflections on Swami Vivekananda

A brief presentation on the life and contributions of Swami Vivekananda was shared, highlighting his vision for youth empowerment and his belief in their potential to drive societal change.

#### Vote of Thanks:

The program concluded with a vote of thanks by the coordinator, expressing gratitude to Mr. Manoj K V for his inspiring talk and to the participants for their active engagement.

## Conclusion and Outcomes:

The celebration of National Youth Day at Sum College of Teacher Education was an inspiring event that resonated with the students.

## Feedback and Impact:

The talk by Mr. Manoj K V left a lasting impression, motivating students to embrace life skills and leadership qualities. The interactive session encouraged open dialogue about the challenges faced by youth and fostered a sense of empowerment among participants.

# 4. Republic Day Celebration

Venue: Campus Grounds, Sum College of Teacher Education

Date: 26th January 2019

Time: 8:30 AM

The 70th Republic Day of India was celebrated with great enthusiasm and patriotic fervor at Sum College of Teacher Education on 26th January 2019. The event marked the importance of the Constitution of India and the nation's journey as a sovereign, democratic republic. The program included a flag hoisting ceremony, singing of patriotic songs, and reflections on the significance of the day.

# Objectives of the Programme:

To instill a sense of patriotism and respect for the nation among students and faculty.

To highlight the importance of the Indian Constitution and its core values.

To encourage active participation in national events and foster unity.

To promote awareness about the rights and duties of citizens in a democratic nation.

Programme Highlights:

Flag Hoisting Ceremony:

The event began with the hoisting of the national flag by the Principal of Sum College of Teacher Education, accompanied by the singing of the National Anthem.

The flag hoisting ceremony was a moment of pride and honor, symbolizing the unity and integrity of the nation.

Patriotic Song Performance:

Students presented a melodious rendition of patriotic songs, celebrating the spirit of freedom and national pride.

The songs resonated with the audience, creating an atmosphere of unity and reverence for the country.

Speech by the Principal:

The principal delivered an inspiring speech, emphasizing the significance of Republic Day and the values enshrined in the Indian Constitution.

The principal encouraged students to uphold their duties as responsible citizens and contribute to the progress of the nation.

**Student Reflections:** 

A few students shared their thoughts on Republic Day, focusing on the role of youth in preserving the democratic ideals of the country.

Vote of Thanks:

The program concluded with a vote of thanks by the event coordinator, who expressed gratitude to all participants and organizers for their efforts in making the celebration meaningful. The flag hoisting and patriotic songs created a strong sense of national pride among participants. The principal's speech and student reflections inspired everyone to reflect on the importance of unity, equality, and active citizenship.

# **5.World Cancer Day Celebration**

Venue: Seminar Hall, Sum College of Teacher Education

Date: 4th February 2019

Time: 2:00 PM

On 4th February 2019, World Cancer Day was observed at Sum College of Teacher Education to raise awareness about cancer prevention, detection, and treatment. The program included an awareness class conducted by Ms. Jishma, Assistant Professor of Physical Science from Jaybees B.Ed Training College. The session aimed to educate students and faculty on the importance of early detection and lifestyle changes to combat cancer effectively.

Objectives of the Programme:

To educate students and faculty about cancer prevention, early detection, and treatment.

To create awareness of the role of healthy lifestyle choices in reducing the risk of cancer.

To empower future educators to disseminate cancer awareness in their communities.

To address myths and misconceptions surrounding cancer and promote factual understanding.

Programme Highlights:

Welcome Address:

The event began with a warm welcome by Ms.Luna K(student), who highlighted the significance of World Cancer Day and the need for collective action in combating the disease.

Awareness Class by Ms. Jishma:

Ms. Jishma, an experienced educator in Physical Science, delivered an insightful session on the theme of the day.

She discussed the various types of cancer, their symptoms, and the importance of regular medical check-ups for early detection.

Emphasizing the significance of preventive measures, she highlighted the role of a balanced diet, physical activity, and avoiding harmful habits like smoking and excessive alcohol consumption.

She also addressed common myths and fears about cancer, encouraging participants to approach the topic with an informed perspective.

**Interactive Session:** 

The session was followed by an interactive Q&A, where students and faculty raised questions about cancer-related concerns.

Ms. Jishma provided clear and practical answers, making the discussion highly informative and engaging.

Vote of Thanks:

The program concluded with a vote of thanks by Ms.Rashna C(student), expressing appreciation to Ms. Jishma for her valuable session and to the participants for their enthusiastic involvement.

he World Cancer Day program at Sum College of Teacher Education was a meaningful initiative to enhance awareness and understanding of cancer among future educators.

Feedback and Impact:

Participants found the session highly enlightening and expressed their commitment to adopting and promoting healthy lifestyle practices. The practical advice and myth-busting approach of Ms. Jishma inspired attendees to spread awareness in their communities, contributing to a broader impact.



# 6. International Mother Language Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 21st February 2019

Time: 10:30 AM

On 21st February 2019, Sum College of Teacher Education celebrated International Mother Language Day to highlight the importance of linguistic and cultural diversity and to promote multilingual education. The program featured a special session by Mr. Shankaran Master, a retired English teacher from Koodali Higher Secondary School.

# Objectives of the Programme:

To raise awareness about the significance of mother languages in preserving cultural heritage.

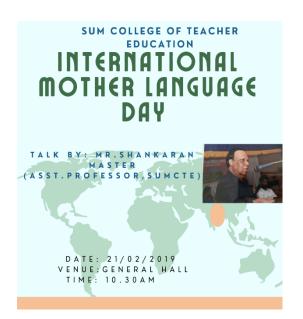
To encourage the use of mother tongues in communication and education.

To promote respect for linguistic diversity and multilingualism.

To inspire future educators to value and nurture students' linguistic and cultural identities.

Programme Highlights:

Welcome Address:





The program began with a welcome speech by the coordinator, who emphasized the importance of International Mother Language Day and its role in fostering cultural diversity and inclusion.

# Session by Mr. Shankaran Master:

Mr. Shankaran Master delivered an engaging and thought-provoking talk on the theme of linguistic and cultural identity.

He discussed the importance of preserving mother languages as carriers of cultural traditions, values, and knowledge.

Drawing from his vast teaching experience, he highlighted how respecting and integrating students' mother tongues in classrooms can enhance learning outcomes and foster self-esteem.

He also touched on the challenges posed by the dominance of global languages and the need to strike a balance between local and international linguistic competencies.

#### Interactive Discussion:

Following the talk, an interactive session allowed students and faculty to share their perspectives on the role of mother languages in their lives and education.

Participants reflected on the rich linguistic heritage of India and the ways educators can contribute to preserving it.

## **Cultural Presentation:**

Students performed a short skit showcasing the beauty of multilingual communication, which received an enthusiastic response from the audience.

## Vote of Thanks:

The program concluded with a vote of thanks by Ms. Vidhya PA(student), expressing gratitude to Mr. Shankaran Master for his inspiring talk and to all participants for their active involvement.

#### Conclusion and Outcomes:

The celebration of International Mother Language Day at Sum College of Teacher Education was a meaningful event that deepened participants' appreciation for linguistic diversity and its role in education and society. The talk by Mr. Shankaran Master inspired participants to value their mother tongues while embracing multilingualism. The session encouraged future educators to integrate students' linguistic backgrounds into their teaching practices, fostering a more inclusive and effective learning environment.

# 7. National Science Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 28th February 2019

Time: 10:00 AM

Sum College of Teacher Education observed National Science Day on 28th February 2019 to commemorate the discovery of the Raman Effect by Indian physicist Sir C.V. Raman. The event featured a special session by Mr. Divakaran, Assistant Professor of Science, who enlightened the audience about the role of science in daily life and education.

Objectives of the Programme:

To celebrate the contributions of Indian scientists to global scientific advancements.

To encourage students to develop scientific temper and critical thinking.

To highlight the importance of science in solving societal challenges.

To inspire future educators to promote science education and inquiry-based learning.

Programme Highlights:

Welcome Address:

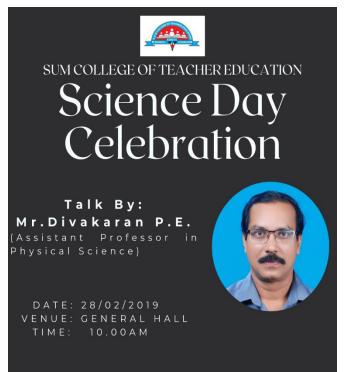
The program began with a warm welcome by the event coordinator, who emphasized the significance of National Science Day and its theme, "Science for the People, and People for the Science."

Keynote Session by Mr. Divakaran:

Mr. Divakaran delivered an engaging and insightful talk on the relevance of science in everyday life and the classroom.

He explained the Raman Effect and its implications, celebrating the scientific achievements of Sir C.V. Raman.Emphasizing inquiry and curiosity, he shared strategies for fostering a scientific mindset among students.He also discussed how educators can integrate science into interdisciplinary teaching to make it more relatable and impactful.

Interactive Discussion:





Students and faculty actively participated in a Q&A session, discussing topics such as innovations in science, sustainable technologies, and the role of educators in promoting STEM (Science, Technology, Engineering, and Mathematics) education.

# Vote of Thanks:

The event concluded with a vote of thanks by Ms.Saranya P(student), expressing gratitude to Mr. Divakaran for his inspiring talk and the enthusiastic participation of students and faculty.

## Conclusion and Outcomes:

The National Science Day celebration at Sum College of Teacher Education successfully highlighted the importance of science in building a better future.

# 8. Women's Day Celebration and Interaction with Transgender Activist Isha Kishore

Venue: Seminar Hall, Sum College of Teacher Education

Date: 8th March 2019

Time: 10:00 AM

On 8th March 2019, Sum College of Teacher Education celebrated International Women's Day with a special program that featured a thought-provoking interaction with Ms. Isha Kishore, a prominent transgender activist. The session aimed to foster inclusivity, raise awareness about gender diversity, and celebrate the spirit of womanhood in all its forms.

# Objectives of the Programme:

To celebrate International Women's Day and its theme of gender equality and empowerment.

To promote understanding and respect for gender diversity, including the transgender community.

To encourage dialogue on challenges faced by marginalized groups and strategies for inclusion.

To inspire future educators to create inclusive learning environments.

# Programme Highlights:

# Welcome Address:

The program began with a welcome speech by Mr.Aswin Aravind(student), emphasizing the significance of Women's Day and the importance of acknowledging diverse voices in the dialogue on gender equality.

## Interaction with Ms. Isha Kishore:

Ms. Isha Kishore, a transgender activist and inspirational speaker, delivered a powerful talk on her journey, challenges, and triumphs as a transgender woman.

She discussed the struggles faced by the transgender community, including societal stigma, lack of opportunities, and discrimination.

Her speech highlighted the importance of empathy, respect, and the need for systemic change to ensure equal rights and opportunities for all.

Drawing from her personal experiences, she inspired the audience to embrace diversity and foster inclusivity in their personal and professional lives.

## Interactive Session:

The session included an open dialogue where students and faculty asked questions and shared their thoughts. The interaction fostered deeper understanding and empathy, with participants expressing a commitment to advocating for inclusivity in their communities.



#### Vote of Thanks:

The program concluded with a vote of thanks, expressing heartfelt appreciation to Ms. Isha Kishore for her inspiring presence and to all participants for their active engagement. The Women's Day celebration at Sum College of Teacher Education was a deeply impactful event that left a lasting impression on students and faculty. Ms. Isha Kishore's candid and thought-provoking talk challenged stereotypes and encouraged participants to think critically about gender norms and inclusivity. The session empowered future educators to champion equality and foster safe, inclusive environments for all learners.

# 9. World Water Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 22nd March 2019

Time: 10:00 AM

Sum College of Teacher Education observed World Water Day on 22nd March 2019 with a program aimed at raising awareness about the importance of water conservation. The highlight of the event was an enlightening speech by Ms. Praseetha P, Assistant Professor of Natural Science, who shed light on the critical need to preserve this precious resource.

## Objectives of the Programme:

To highlight the significance of water as a vital resource for life.

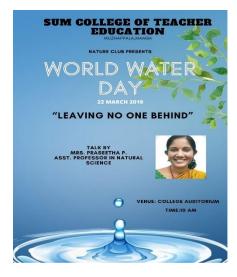
To raise awareness about the growing global water crisis and its implications.

To educate students on sustainable practices for water conservation.

To inspire future educators to inculcate the values of environmental stewardship in their teaching.

# Programme Highlights:

# Welcome Address:





The event commenced with a welcome address by the coordinator, emphasizing the theme of World Water Day, "Leaving No One Behind," and the role of educators in promoting sustainable water practices.

# Speech by Ms. Praseetha P:

Ms. Praseetha P delivered an insightful and impactful speech on the importance of water conservation. She discussed the global water crisis, emphasizing how water scarcity affects vulnerable populations disproportionately. Drawing attention to the alarming depletion of freshwater resources, she highlighted simple and effective measures to conserve water in daily life. She also stressed the responsibility of future teachers in spreading awareness and fostering a culture of sustainability among students.

#### Interactive Session:

Following the speech, an interactive session allowed participants to share their thoughts, ask questions, and discuss innovative ideas for water conservation.

#### Student Initiative:

A group of student-teachers presented posters and slogans advocating water conservation, demonstrating their creativity and commitment to the cause.

#### Vote of Thanks:

The event concluded with a vote of thanks, Mr. Adarsh P R (student), expressing gratitude to Ms. Praseetha P for her enlightening speech and to all attendees for their active participation.

## Conclusion and Outcomes:

The World Water Day program at Sum College of Teacher Education successfully raised awareness about the critical need for water conservation. The session by Ms. Praseetha P was highly appreciated for its relevance and practical insights. Participants left with a deeper understanding of the water crisis and their role in addressing it.

## 10.Model Examination for Second Semester Students

The Model Examination for second-semester students at Sum College of Teacher Education was conducted to evaluate their academic preparedness and provide constructive feedback before their second semester students. The exams covered all the core subjects as per the curriculum, ensuring a comprehensive assessment of theoretical and practical knowledge. The examination environment was organized and strictly monitored to maintain integrity.

# 11. University Examination for Second Semester Students

The University Examination for second-semester students was successfully conducted at Sum College of Teacher Education in a well-organized and disciplined manner. The exams, held as per the schedule provided by the affiliating university, adhered to all academic and procedural guidelines.

# 12. Environment Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 5th June 2019

Time: 10:00 AM

On 5th June 2019, Sum College of Teacher Education celebrated World Environment Day with a series of activities emphasizing the importance of environmental conservation. The event was graced by Mr. Nishandh Pariyaram, a renowned environmentalist, who delivered a keynote address aligned with the year's Environment Day theme, "Beat Air Pollution." The program also featured a poster-making competition by the students, fostering creativity and environmental awareness.

# Objectives of the Programme:

To highlight the significance of World Environment Day and its theme.

To promote awareness of environmental issues, particularly air pollution and its impact.

To inspire students to adopt sustainable practices and advocate for environmental protection.

To encourage creative expression through art and foster environmental sensitivity among future educators.

# Programme Highlights:

## Welcome Address:

The event began with a warm welcome by the coordinator, who outlined the importance of celebrating Environment Day and introduced the esteemed guest, Mr. Nishandh Pariyaram.

Keynote Address by Mr. Nishandh Pariyaram:

Mr. Nishandh delivered an inspiring talk, emphasizing the theme "Beat Air Pollution."

He elaborated on the causes and consequences of air pollution and shared practical steps to mitigate its effects.





His address encouraged students and faculty to adopt eco-friendly habits and contribute to a cleaner, healthier environment.

Poster-Making Competition:

Students actively participated in a poster-making competition, creating visually impactful and thought-provoking artwork on environmental themes.

The competition showcased the students' creativity and their understanding of pressing environmental concerns.

Prize Distribution:

Winners of the poster-making competition were announced and awarded by Mr. Nishandh, encouraging active participation in such initiatives.

Vote of Thanks:

The program concluded with a vote of thanks, expressing gratitude to Mr. Nishandh Pariyaram for his enlightening talk and to all participants for their enthusiastic involvement.

Conclusion and Outcomes:

The World Environment Day celebration at Sum College of Teacher Education was a resounding success, inspiring students and faculty to take actionable steps toward environmental conservation. The talk by Mr. Nishandh Pariyaram left a lasting impression on the attendees, motivating them to address environmental challenges proactively. The postermaking competition further enhanced students' awareness and creativity, making the event both educational and engaging.

## 13. World Ocean Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 10th June 2019

Time: 10:00 AM

On 10th June 2019, Sum College of Teacher Education celebrated World Ocean Day with a program aimed at raising awareness about the importance of oceans and the need for their conservation. The event was inaugurated by Mrs. Praseetha P, Assistant Professor of Natural Science, whose keynote address highlighted the critical role of oceans in sustaining life on Earth.

Objectives of the Programme:

To emphasize the importance of oceans and their conservation.

To educate students about the impact of human activities on marine ecosystems.

To inspire sustainable practices to protect oceans for future generations.

To instill a sense of environmental responsibility in future educators.

Programme Highlights:

#### Welcome Address:

The event began with a welcome address by the program coordinator, setting the tone for the celebration and introducing the theme, "Together We Can Protect and Restore Our Ocean."

Inaugural Speech by Mrs. Praseetha P:

Mrs. Praseetha P officially inaugurated the event with an inspiring speech on the importance of oceans as a vital natural resource.

She discussed the threats posed by pollution, overfishing, and climate change, urging everyone to take immediate and collective action.

She also shared practical steps for conserving marine ecosystems, including reducing plastic use and supporting sustainable fishing practices.

## **Student Presentations:**

Students presented thought-provoking posters and charts showcasing the beauty and fragility of marine life.

A few students delivered short talks on innovative ways to address ocean pollution.

#### Interactive Session:

An interactive session followed, where participants shared their ideas and perspectives on ocean conservation, fostering a collaborative learning environment.

## Vote of Thanks:

The event concluded with a vote of thanks, expressing gratitude to Mrs. Praseetha P for her enlightening address and to all participants for their enthusiastic involvement.

## Conclusion and Outcomes:

The World Ocean Day celebration at Sum College of Teacher Education successfully raised awareness about the importance of oceans and the urgent need for their conservation. The program was well-received by students and faculty alike, inspiring them to adopt sustainable





practices and advocate for marine conservation. It highlighted the role of educators in instilling environmental responsibility, aligning with the college's commitment to fostering ecoconscious future teachers.

# 14. Blood Donation Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 14th June 2019

Time: 10:00 AM

On 14th June 2019, Sum College of Teacher Education celebrated World Blood Donation Day to raise awareness about the importance of blood donation and its life-saving impact. The program was inaugurated by Mr. Krishna Kumar E.P, Assistant Professor of Social Science, who delivered an inspiring address on the theme of the day.

Objectives of the Programme:

To educate students on the significance of voluntary blood donation.

To highlight the critical role of blood donors in saving lives and supporting healthcare systems.

To dispel myths and misconceptions about blood donation.

To motivate students and staff to actively participate in blood donation drives.

Programme Highlights:

Welcome Address:

The program began with a warm welcome by the Ms.Anusree P (student), introducing the theme of the day, "Give Blood, Share Life."

Inaugural Speech by Mr. Krishna Kumar E.P:

Mr. Krishna Kumar E.P officially inaugurated the event with an insightful speech emphasizing the importance of voluntary blood donation.

He explained how regular blood donation contributes to community health and reduces blood shortages in medical emergencies.

His address encouraged participants to become regular donors and ambassadors of this noble cause.

Awareness Session:

An informative session followed, highlighting the scientific aspects of blood donation, its benefits to donors, and its impact on recipients.

Real-life stories of individuals saved by blood transfusions were shared to inspire the audience.

Pledge to Donate:

Students and faculty took a pledge to donate blood and promote awareness about the cause within their communities.

Interactive Q&A Session:

The program concluded with an interactive session where participants clarified their doubts and discussed ways to actively support blood donation campaigns.

# **Ozone Day Celebration**

Organized by: Sum College of Teacher Education

Venue: Sum College of Teacher Education

Date: 16th September 2019

Time: 10:00 AM

The Ozone Day Celebration at Sum College of Teacher Education on 16th September 2019 was an enlightening and successful event that aimed to raise awareness about the importance of ozone conservation. The event was marked by a thought-provoking talk and interactive activities, leaving a lasting impact on the participants.

# Objectives of the Programme:

To raise awareness about the importance of the ozone layer in protecting life on Earth.

To emphasize the need for global efforts in ozone conservation.

To engage students in creative activities like slogan making to further spread the message of environmental preservation.

To instill a sense of responsibility among future educators about their role in promoting sustainability.

# Programme Highlights:

## Inauguration:

The event was inaugurated by Ms.Sruthi K(student) and was attended by students, staff, and members of the college community. The celebration commenced with a brief introduction to the significance of Ozone Day and its relevance in the present environmental scenario.

Talk by Ms. Praseetha P (Assistant Professor, Natural Science):

The highlight of the program was a talk by Ms. Praseetha P, who is the Assistant Professor of Natural Science at the college. She gave an informative and insightful lecture on the importance of ozone conservation. Ms. Praseetha discussed the role of the ozone layer in protecting life on Earth by absorbing harmful ultraviolet radiation. She highlighted the dangers posed by ozone depletion, including increased health risks like skin cancer and eye damage, as well as adverse environmental impacts. The talk also focused on global efforts, such as the Montreal Protocol, to protect and restore the ozone layer.

# Slogan Making Competition:

Following the talk, a slogan-making competition was organized for students, encouraging them to come up with creative slogans that raised awareness about ozone conservation. The competition was enthusiastic, with many students showcasing their creativity and commitment to environmental issues through powerful and thought-provoking slogans.

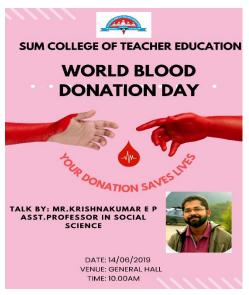
Ms.Smera C M delivered vote of thanks to session and the session was concluded.

#### Conclusion and Outcomes:

The Ozone Day Celebration was a grand success, achieving its goal of raising awareness about the ozone layer's importance and fostering a collective sense of responsibility toward environmental conservation.

## Impact:

The event instilled in students the importance of environmental protection, particularly ozone conservation, and encouraged them to be proactive in spreading the message of sustainability. The slogan-making competition also sparked creativity and further reinforced the need for collective action to protect the planet.





#### Vote of Thanks:

The event concluded with a heartfelt vote of thanks, acknowledging the efforts of Mr. Krishna Kumar E.P and all participants for making the event meaningful.

# Conclusion and Outcomes:

The Blood Donation Day celebration at Sum College of Teacher Education was a meaningful and educational experience. The program successfully inspired participants to understand the critical importance of blood donation and its role in saving lives. The event encouraged students and faculty to actively participate in future blood donation drives, fostering a sense of social responsibility and compassion among the attendees.

# 15. Reading Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 19th June 2019

Time: 10:00 AM

On 19th June 2019, Sum College of Teacher Education observed Reading Day to emphasize the value of reading in personal and professional growth. The event was inaugurated by Mr.

Eyya Valapattanam, a distinguished writer, who inspired the audience with his words on the transformative power of reading.

Objectives of the Programme:

To promote the habit of reading among students and faculty.

To create awareness about the importance of reading in knowledge acquisition and personal growth.

To inspire participants to explore diverse literary works and genres.

To highlight the role of reading in shaping future educators.

Programme Highlights:

Welcome Address:

The program began with a welcome speech by Ms.Smera CM(student), who introduced the theme of the day and the guest of honor, Mr. Eyya Valapattanam.

Inaugural Address by Mr. Eyya Valapattanam:

In his inaugural speech, Mr. Eyya Valapattanam spoke eloquently about the joy and enrichment that reading brings to life.

He shared his personal experiences as a writer and reader, emphasizing the importance of cultivating a lifelong reading habit.

He encouraged students to explore not only academic books but also literature, poetry, and biographies to broaden their perspectives.

# Reading Activities:

A group of students recited excerpts from their favorite books, showcasing their appreciation for literature.

A book exhibition was organized in the library, featuring a collection of inspiring works for attendees to explore.

Interactive Session:

The audience engaged in an interactive session with Mr. Eyya Valapattanam, discussing their favorite books and seeking recommendations.

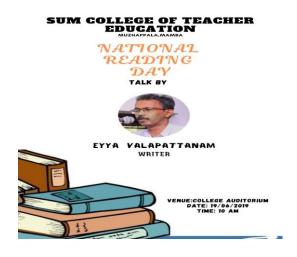
Vote of Thanks:

The event concluded with a vote of thanks, expressing gratitude to Mr. Eyya Valapattanam for his insightful and motivational address and to all participants for their active involvement.

# Conclusion and Outcomes:

The Reading Day celebration at Sum College of Teacher Education was an enriching experience that highlighted the importance of reading as a fundamental skill for educators. The program inspired participants to dedicate more time to reading, fostering a culture of intellectual curiosity and lifelong learning within the college. The presence of a celebrated

writer like Mr. Eyya Valapattanam added depth and motivation to the event, making it a memorable and impactful occasion.





# 16. World Refugee Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 20th June 2019

Time: 10:30 AM

On 20th June 2019, Sum College of Teacher Education observed World Refugee Day to honor the strength and resilience of refugees around the world and to raise awareness about their challenges. The program featured Mr. Suneesh Kolangaroth, Assistant Professor of Education, as the resource person, who delivered a thought-provoking session on the theme of the day.

# Objectives of the Programme:

To create awareness about the plight of refugees and the importance of global solidarity.

To foster empathy and understanding towards displaced individuals and communities.

To inspire future educators to advocate for social justice and human rights.

To educate students about the role of education in empowering refugees and rebuilding lives.

Programme Highlights:

# Welcome Address:

The program commenced with a warm welcome by the Ms.Sneha Haridas (student), who introduced the significance of World Refugee Day and the resource person, Mr. Suneesh Kolangaroth.

Keynote Address by Mr. Suneesh Kolangaroth:

Mr. Suneesh Kolangaroth delivered an insightful address on the global refugee crisis, highlighting the hardships faced by displaced individuals.

He discussed the importance of international cooperation and policies to support refugees in accessing basic needs, including education, healthcare, and housing.

He also emphasized the transformative power of education in restoring hope and opportunities for refugees.

#### **Student Presentations:**

A group of students presented case studies and stories of notable refugees who overcame adversity, inspiring the audience.

# Discussion Forum:

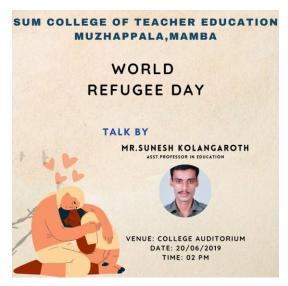
An interactive session followed, where participants shared their views on how educators can contribute to refugee empowerment and inclusion.

#### Vote of Thanks:

The event concluded with a vote of thanks, expressing appreciation for Mr. Suneesh Kolangaroth's impactful session and the enthusiastic participation of students and faculty.

#### Conclusion and Outcomes:

The World Refugee Day celebration at Sum College of Teacher Education was an enlightening and emotionally resonant event. The program succeeded in fostering a deeper understanding of the refugee crisis and the critical role of education in rebuilding lives. It motivated attendees to become advocates for inclusion, social justice, and global solidarity, reinforcing the college's commitment to nurturing socially conscious educators.



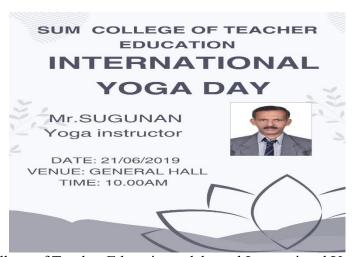


# 17. International Yoga Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 21st June 2019

Time: 10:00 AM



Sum College of Teacher Education celebrated International Yoga Day on 21st June 2019 with great enthusiasm to promote the physical, mental, and spiritual well-being of students and faculty. The event featured Mr. Sagunan, a renowned yoga instructor, as the resource person. The theme of the day was "Yoga for Harmony and Peace."

# Objectives of the Programme:

To create awareness about the significance of yoga in achieving a balanced lifestyle.

To encourage students and faculty to adopt yoga as a daily practice for overall well-being.

To highlight the role of yoga in stress management and improving focus.

To foster harmony and peace through mindfulness practices.

Programme Highlights:

## Welcome Address:

The program began with a warm welcome by Mr.suneesh kolangarot h (asst.prof.education), who introduced Mr. Sagunan and highlighted the importance of International Yoga Day.

# Inaugural Session:

Mr. Sagunan inaugurated the session with an inspiring talk on the history and philosophy of yoga. He emphasized yoga as a holistic practice that benefits both body and mind.

# Yoga Demonstration:

Following his address, Mr. Sagunan led an engaging yoga demonstration.

Participants were guided through basic asanas (poses), pranayama (breathing exercises), and relaxation techniques.

The session catered to all skill levels, ensuring active participation by everyone.

The program concluded with a vote of thanks, expressing gratitude to Mr. Sagunan for his valuable insights and to all participants for their enthusiasm.

## Conclusion and Outcomes:

The International Yoga Day celebration at Sum College of Teacher Education was a successful and enriching event. The program inspired participants to integrate yoga into their daily routines, promoting a healthier and more mindful lifestyle. The event reinforced the importance of yoga as a tool for achieving harmony and balance, aligning with the college's commitment to holistic education.

# 18. International Day Against Drug Abuse and Illegal Trafficking

Venue: Seminar Hall, Sum College of Teacher Education

Date: 26th June 2019

Time: 10:30 AM

On 26th June 2019, Sum College of Teacher Education observed the International Day Against Drug Abuse and Illegal Trafficking with a solemn commitment to spreading awareness about the dangers of drug abuse and the urgency to combat human trafficking. The event featured Mr.





O.V. Sreenivasan as the chief guest, who delivered a powerful and thought-provoking talk on the adverse effects of drug abuse and the social implications of illegal trafficking.

# Objectives of the Programme:

To raise awareness about the dangers of drug abuse and its impact on individuals, families, and society. To educate future educators on their role in preventing substance abuse and promoting a drug-free environment. To shed light on the issue of human trafficking and emphasize the need for vigilance and action against it. To inspire students to contribute to building a healthier, safer, and more ethical society.

# Programme Highlights:

## Welcome Address:

The program commenced with a welcome address by Ms.Nafiya (student), setting the tone for the session and introducing the chief guest, Mr. O.V. Sreenivasan.

Chief Guest Address by Mr. O.V. Sreenivasan:

Mr. O.V. Sreenivasan delivered an impactful speech addressing the grave consequences of drug abuse on physical, mental, and social health. He elaborated on how drug addiction disrupts families and communities, stressing the importance of early intervention and support systems.

He also spoke about illegal human trafficking, its root causes, and the need for global solidarity to combat this heinous crime. The session was an eye-opener, encouraging students to adopt preventive measures and promote awareness in their circles.

#### Interactive Discussion:

Students participated in an interactive discussion, sharing their insights and posing questions to the chief guest. The session encouraged critical thinking and reinforced the importance of collective responsibility in addressing these issues.

# Closing Remarks:

The event concluded with a vote of thanks, expressing gratitude to Mr. O.V. Sreenivasan for his enlightening session and acknowledging the active participation of students and faculty.

#### Conclusion and Outcomes:

The International Day Against Drug Abuse and Illegal Trafficking celebration at Sum College of Teacher Education was an educational and thought-provoking event. The program successfully raised awareness among students about the dual challenges of drug abuse and human trafficking. Participants were motivated to act as responsible citizens and future educators, contributing to a society free from substance abuse and exploitation. The event reinforced the college's commitment to fostering socially responsible and compassionate educators.

# 19. National Statistics Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 29th June 2019

Time: 10:00 AM

Sum College of Teacher Education celebrated National Statistics Day on 29th June 2019 to honor the contributions of statistics in understanding and addressing social, economic, and educational issues. The event was graced by Mr. Ratheesh V.V., an HSST teacher in statistics from Thillangery Higher Secondary School, as the chief guest. His insightful talk on the importance of statistics was the highlight of the day, followed by a vibrant quiz competition organized by the students.

# Objectives of the Programme:

To commemorate the contributions of Prof. P.C. Mahalanobis, the father of modern statistics in India, whose birth anniversary is celebrated as National Statistics Day.

To emphasize the importance of statistics in decision-making and problem-solving in various fields. To enhance students' understanding of statistical methods and their application in education and research. To encourage students to appreciate the role of statistics in building a

data-driven society. To engage students through interactive activities like a quiz competition to deepen their interest in statistics.

# Programme Highlights:

#### Welcome Address:

The event began with a warm welcome by Ms.Shabana k (student), who introduced Mr. Ratheesh V.V. and explained the significance of National Statistics Day.

# Chief Guest Address by Mr. Ratheesh V.V.:

In his keynote address, Mr. Ratheesh V.V. explained the foundational role of statistics in understanding societal trends, conducting research, and formulating policies. He highlighted real-life examples where statistical tools have been instrumental in solving critical issues. His talk inspired students to see statistics as a vital tool for interpreting and improving the world around them.

## **Student Quiz Competition:**

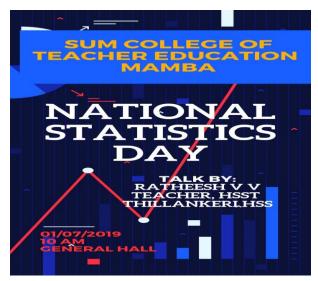
Following the talk, a quiz competition on statistics and related topics was conducted by the students. The competition witnessed enthusiastic participation, showcasing the students' knowledge and interest in the subject. Winners of the quiz were announced and applauded for their efforts.

## Closing Remarks:

The program concluded with a vote of thanks by the student representative, expressing gratitude to Mr. Ratheesh V.V. for his valuable insights and acknowledging the active involvement of students and faculty in making the event a success.

#### Conclusion and Outcomes:

The National Statistics Day celebration at Sum College of Teacher Education was an enlightening and engaging event. The program successfully instilled an appreciation for statistics among the students, emphasizing its relevance in modern society. The interactive quiz competition further enhanced their enthusiasm for learning statistical concepts, aligning with the college's commitment to promoting analytical thinking and research-oriented education.





# 20. World Population Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 11th July 2019

Time: 11:00 AM

On 11th July 2019, Sum College of Teacher Education observed World Population Day with a focus on raising awareness about the challenges and opportunities presented by population growth. The event featured Mr. Suneesh Kolangaroth, Assistant Professor of Education, as the guest speaker. His enlightening talk on population growth and its implications was the highlight of the program, leaving the audience with valuable insights into this global issue.

# Objectives of the Programme:

To observe World Population Day and its significance in addressing global and local demographic challenges. To educate students on the impact of population growth on resources, development, and the environment. To encourage future educators to integrate population education into their teaching practices. To inspire proactive thinking and discussions about sustainable development and population management.

# Programme Highlights:

#### Welcome Address:

The event commenced with a welcome address by the coordinator, who emphasized the importance of observing World Population Day and introduced the resource person, Mr. Suneesh Kolangaroth.

Keynote Address by Mr. Suneesh Kolangaroth:

Mr. Suneesh Kolangaroth delivered a thought-provoking talk on population growth, highlighting its effects on natural resources, societal structures, and sustainable development.

He discussed strategies for population management, the importance of education, and the role of family planning in achieving a balanced and sustainable future.

The session emphasized the responsibility of educators in promoting population awareness and sustainable practices among students.

#### Interactive Session:

Following the talk, students engaged in a lively interactive session, posing questions and sharing perspectives on the topic.

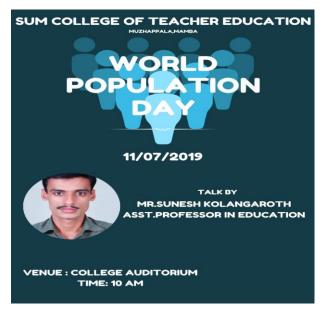
The discussions further enriched the learning experience and fostered a sense of responsibility among participants.

# **Closing Remarks:**

The program concluded with a vote of thanks, expressing appreciation to Mr. Suneesh Kolangaroth for his valuable contributions and recognizing the active participation of students and faculty.

#### Conclusion and Outcomes:

The World Population Day celebration at Sum College of Teacher Education was an informative and impactful event. The program successfully raised awareness about population issues among the participants and inspired them to advocate for sustainable development practices. It reinforced the role of education in addressing demographic challenges and highlighted the significance of proactive engagement in population management initiatives.





# 21. International Lunar Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 21st July 2019

Time: 10:00 AM

The International Lunar Day was celebrated at Sum College of Teacher Education by science club on 21st July 2019, marking the significance of the moon in human history, science, and exploration. The event featured Ms. Shinith Pattiyam, an esteemed educator and lunar enthusiast, as the chief guest. She delivered an insightful talk on lunar exploration and development. The program also included an engaging quiz competition conducted by the students, adding an interactive and educational dimension to the event.

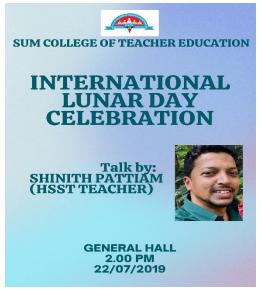
# Objectives of the Programme:

To celebrate International Lunar Day and its importance in commemorating humanity's achievements in lunar exploration.

To educate students about the scientific, cultural, and historical significance of the moon.

To inspire curiosity and interest in space science and lunar studies.

To engage students in interactive learning activities such as a quiz competition, fostering teamwork and knowledge sharing.





Programme Highlights:

## Welcome Address:

The program commenced with a warm welcome by Ms.Divya P V (student), who introduced Ms. Shinith Pattiyam and outlined the objectives of International Lunar Day.

# Keynote Address by Ms. Shinith Pattiyam:

Ms. Shinith Pattiyam delivered an enlightening talk titled "The Moon: Past, Present, and Future," exploring humanity's connection to the moon, the milestones in lunar exploration, and future lunar development initiatives. She emphasized the role of lunar studies in understanding Earth's history, climate, and the potential for space colonization. The talk left the audience inspired by the scientific and cultural relevance of the moon in shaping human curiosity and knowledge.

# **Student Quiz Competition:**

A quiz competition on lunar science and space exploration was conducted by the students, which saw enthusiastic participation from all.

The competition was designed to reinforce knowledge and encourage collaborative learning among participants.

Winners were announced and applauded for their efforts.

# Closing Remarks:

The event concluded with a vote of thanks by a student representative, who expressed gratitude to Ms. Shinith Pattiyam for her valuable insights and recognized the active participation of students and faculty.

## Conclusion and Outcomes:

The International Lunar Day celebration at Sum College of Teacher Education was a meaningful and engaging event. The program successfully instilled an appreciation for lunar

studies and space exploration among the participants. The interactive quiz further enhanced students' understanding of the subject, fostering a spirit of curiosity and teamwork. The event underscored the importance of such celebrations in promoting scientific temper and enthusiasm for space exploration.

# 22. World Conservation Day Celebration

Organized by: Nature Club, Sum College of Teacher Education

Venue: Seminar Hall, Sum College of Teacher Education

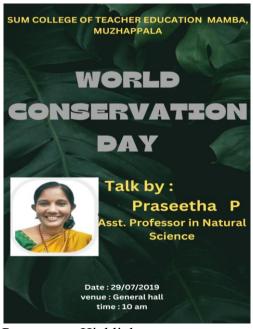
Date: 28th July 2019

Time: 10:00 AM

The Nature Club of Sum College of Teacher Education observed World Conservation Day on 28th July 2019, emphasizing the importance of protecting and preserving the environment for future generations. The program featured Mrs. Praseetha P, Assistant Professor of Natural Science, as the chief guest. Her thought-provoking talk on conservation highlighted actionable steps for sustainable living.

# Objectives of the Programme:

To raise awareness about the significance of conservation in maintaining ecological balance. To educate students on practical measures for protecting natural resources. To encourage active participation in conservation initiatives within the college and community. To inspire future educators to instill conservation values among their students.





Programme Highlights:

## Welcome Address:

The event began with a welcome address by the Ms.Ashna dinesh(student), who set the tone for the celebration by highlighting the relevance of World Conservation Day.

Keynote Address by Mrs. Praseetha P:

Mrs. Praseetha P delivered an insightful talk on the theme of conservation, focusing on the urgent need for sustainable practices to mitigate environmental degradation.

She emphasized the role of individuals and communities in preserving biodiversity and adopting eco-friendly habits.

The talk inspired students to become proactive contributors to conservation efforts.

Interactive Session:

The session included a lively interaction where students shared their thoughts and asked questions about global and local conservation challenges.

Mrs. Praseetha provided practical tips and innovative ideas for environmental stewardship.

Nature Club Initiatives:

The Nature Club members presented a brief overview of their ongoing projects and invited more students to participate in future conservation activities.

Closing Remarks:

The program concluded with a vote of thanks delivered by a student representative, expressing gratitude to Mrs. Praseetha P for her valuable insights and the Nature Club for organizing the event.

Conclusion and Outcomes:

The World Conservation Day celebration was an impactful and enriching event. The program successfully sensitized participants about the importance of conservation and motivated them to contribute to a sustainable future. It encouraged students to take ownership of their role as stewards of the environment, aligning with the mission of the Nature Club to promote ecoconsciousness within the community.

# 23. Hiroshima Day Observance

Organized by: Social Science Club, Sum College of Teacher Education

Venue: Seminar Hall, Sum College of Teacher Education

Date: 6th August 2019

Time: 10:00 AM

The Social Science Club of Sum College of Teacher Education commemorated Hiroshima Day on 6th August 2019, reflecting on the devastating impact of war and the importance of global peace. The program featured Mr. Bujayir E.P., Principal of Wafi College, as the chief guest. Her poignant talk on war and global conflict provided deep insights into the lessons humanity must learn to ensure peace. The event also included a speech competition organized by the students, which added an engaging and thought-provoking element to the program.

Objectives of the Programme:

To create awareness about the horrors of war and the significance of Hiroshima Day.

To emphasize the importance of peace and conflict resolution in a globalized world.

To encourage critical thinking and expression among students through a speech competition.

To inspire future educators to promote messages of peace and unity in their classrooms and communities.

# Programme Highlights:

#### Welcome Address:

The event commenced with a welcome address by Ms.Anusha p (student), who introduced the theme of Hiroshima Day and highlighted the importance of reflecting on history to build a peaceful future.

Keynote Address by Ms. Bujayir E.P.:

Mr. Bujayir E.P. delivered an impactful talk on the theme "War and Global Conflict."

She explored the catastrophic effects of the Hiroshima bombing, drawing parallels to modern conflicts and the pressing need for diplomacy and global cooperation.

Her speech resonated deeply with the audience, emphasizing the role of educators in fostering peace-oriented values.

# **Speech Competition:**

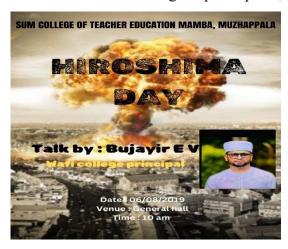
The students participated enthusiastically in a speech competition on the theme of war and peace. The speeches highlighted the importance of unity, tolerance, and mutual understanding to prevent future conflicts. Winners of the competition were announced and awarded prizes, acknowledging their thoughtful contributions.

# **Closing Remarks:**

A student representative delivered the vote of thanks, expressing gratitude to Ms. Bujayir E.P. for her enlightening address and to the Social Science Club for organizing the event.

#### Conclusion and Outcomes:

The Hiroshima Day observance was a solemn and meaningful occasion. The program successfully encouraged reflection on the consequences of war and the importance of global peace. The interactive nature of the speech competition fostered critical thinking and communication skills among the participants, making the event both educational and inspirin



# 24. Nagasaki Day Observance

Organized by: Social Science Club, Sum College of Teacher Education

Venue: Seminar Hall, Sum College of Teacher Education

Date: 9th August 2019

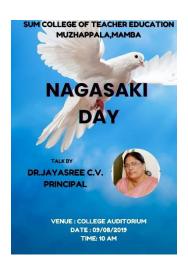
Time: 10:00 AM

The Social Science Club of Sum College of Teacher Education observed Nagasaki Day on 9th August 2019 to reflect on the devastating impact of nuclear warfare and the importance of fostering global peace. The program featured Ms. C.V. Jayasree, Principal of SUM College of Teacher Education, as the chief guest. Her insightful talk on the consequences of war and the current global scenario provided the participants with a deeper understanding of international conflicts and the need for peacebuilding initiatives.

# Objectives of the Programme:

To commemorate Nagasaki Day by reflecting on the events and aftermath of the atomic bombings. To raise awareness about the dangers of nuclear warfare and its impact on humanity.

To encourage students to analyze and understand contemporary global conflicts and the importance of peace. To inspire future educators to advocate for non-violence and harmony in their communities.





# Programme Highlights:

## Welcome Address:

The event began with a welcome address by the Mr.Mishab (student), who emphasized the significance of Nagasaki Day and its lessons for humanity.

Keynote Address by Ms. C.V. Jayasree:

Ms. C.V. Jayasree delivered a thought-provoking talk on the theme of war and its devastating effects on nations and individuals.

She provided historical insights into the Nagasaki bombing and connected it to the challenges of achieving global peace in the present day. Her address underscored the role of education in promoting tolerance, understanding, and non-violence.

## Closing Remarks:

A student representative delivered the vote of thanks, expressing gratitude to Ms. C.V. Jayasree for her inspiring talk and the Social Science Club for organizing the event.

# Conclusion and Outcomes:

The Nagasaki Day observance was a poignant reminder of the catastrophic consequences of war and the pressing need for peacebuilding efforts worldwide. The program successfully educated students about the history and implications of the Nagasaki bombing, fostering a deeper understanding of global conflicts. The engaging session encouraged students to think critically about the importance of non-violence and their role in advocating for a harmonious world.

# 25. Independence Day Celebration

Organized by: Sum College of Teacher Education

Venue: College Premises and Muzhappala LP School

Date: 15th August 2019

Time: 9:00 AM

The Independence Day celebration at Sum College of Teacher Education on 15th August 2019 was a vibrant and patriotic event, marking the 73rd year of India's freedom. The program was inaugurated by Mr. Ahammed Kutty Master, Manager of SUMCTE, who shared an inspiring message about the significance of independence and the responsibilities of citizens. The event included flag hoisting, the distribution of sweets to students, and a heartfelt visit to Muzhappala LP School, where the student-teachers shared sweets and joy with the children, fostering a spirit of community and goodwill.

# Objectives of the Programme:

To celebrate India's independence and honor the sacrifices of freedom fighters.

To instill a sense of patriotism and national pride among student-teachers.

To promote community engagement and social responsibility by visiting local schools.

To foster goodwill and happiness by sharing festive moments with children.

Programme Highlights:

Flag Hoisting Ceremony:

The day commenced with the ceremonial hoisting of the national flag by Mr. Ahammed Kutty Master, accompanied by the singing of the National Anthem.

Inaugural Address:

Mr. Ahammed Kutty Master delivered an inspiring speech emphasizing the importance of independence and the role of educators in shaping a progressive nation.

#### Distribution of Sweets:

After the formal event, sweets were distributed to the students of SUMCTE, adding a festive touch to the occasion.

### Visit to Muzhappala LP School:

A group of student-teachers visited Muzhappala LP School to share the joy of Independence Day with the young students. Sweets were distributed, and the visit was marked by cheerful interactions and the spirit of camaraderie.





#### Conclusion and Outcomes:

The Independence Day celebration was a meaningful and joyful event that combined patriotism with community engagement. The program successfully instilled a sense of national pride and social responsibility among the participants. The visit to the school fostered connections with the local community and highlighted the importance of sharing happiness and celebrating together. It was a memorable occasion that deepened the understanding of independence and its value in our lives.

#### 26. Teachers' Day Celebration

Organized by: Sum College of Teacher Education

Venue: Seminar Hall, Sum College of Teacher Education

Date: 5 September 2019

Time: 2:00 PM

The Teachers' Day Celebration at Sum College of Teacher Education was held on 15th August 2019 to honor the invaluable contributions of teachers in shaping society and nurturing future generations. The event featured an inspiring talk by Dr. C. Karunan, a retired professor from Malabar Christian College, who eloquently highlighted the significance of teachers and their evolving role in the modern world.

Objectives of the Programme:

To commemorate and celebrate the contribution of teachers in education and society.

To provide a platform to reflect on the role of teachers in addressing contemporary challenges.

To inspire future educators to uphold the noble ideals of teaching.

To emphasize the importance of adaptability and innovation in education.

## Programme Highlights:

#### Welcome Address:

The program commenced with a warm welcome by the principal of the college, setting a reverent and reflective tone for the celebration.

## Keynote Address by Dr. C. Karunan:

Dr. Karunan delivered a profound and thought-provoking talk on the importance of teachers in the current scenario. He emphasized the dynamic role of educators in not just imparting knowledge but also in molding character, fostering critical thinking, and nurturing creativity. Dr. Karunan discussed the challenges faced by teachers in the digital age, including the integration of technology, addressing diverse learning needs, and promoting inclusivity in education. He concluded with an inspiring message, urging student-teachers to embrace their responsibilities with dedication and compassion.

#### Tribute to Teachers:

Students presented a heartfelt tribute to teachers through poems, speeches, and a short cultural performance.

### Vote of Thanks:

Mrs.Prameela(asst.prof. Mathematics) expressed gratitude to Dr. C. Karunan for his invaluable insights and to the students for their active participation.

#### Conclusion and Outcomes:

The Teachers' Day celebration was a fitting tribute to the teaching profession, fostering respect and admiration for educators. Participants left with a renewed sense of purpose and appreciation for the teaching profession. The event inspired the student-teachers to adopt innovative and empathetic approaches in their future classrooms, reaffirming their commitment to excellence in education.





#### 27. Onam Celebration

Organized by: Sum College of Teacher Education

Venue: Sum College of Teacher Education

Date: 13th September 2019

Time: 10:00 AM

The Onam Celebration at Sum College of Teacher Education on 13th September 2019 was a grand and vibrant event that captured the spirit of Kerala's most beloved festival. The campus was beautifully adorned with traditional decorations, and the atmosphere was filled with festive cheer as students and faculty participated in a series of colorful and engaging activities.

#### Objectives of the Programme:

To celebrate the cultural heritage of Kerala through the traditional Onam festival.

To foster a sense of unity and togetherness among students and faculty.

To promote the significance of traditional arts, crafts, and rituals associated with Onam.

To enhance team spirit and creativity through various Onam-related games and activities.

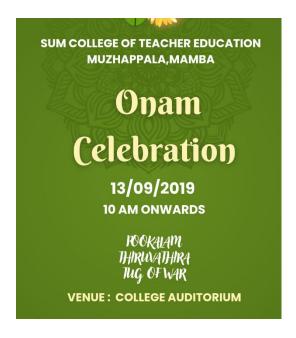
# Programme Highlights:

## Inauguration:

The program began with a ceremonial inauguration, welcoming all participants to the celebration. The campus was beautifully decorated with traditional Pookalam (flower carpet) at the entrance, which added to the festive mood.

#### Traditional Attire and Cultural Activities:

Students and faculty members participated in the celebration by wearing traditional Kerala attire. The sight of colorful sarees, mundu, and kasavu added to the authenticity and charm of the occasion.





## Games and Competitions:

Several fun-filled Onam-related games were organized, including tug-of-war, lemon and spoon race, and banana leaf eating competition. These activities encouraged team participation and added a competitive spirit to the celebration.

### Onam Feast (Onasadhya):

A grand Onam feast was prepared for all participants, consisting of a variety of traditional Kerala dishes, including avial, sambar, olan, payasam, and other delicacies. The feast was enjoyed by everyone, creating a sense of togetherness and celebration. In keeping with the Onam tradition, one of the students enacted the role of King Maveli, who is believed to visit Kerala during Onam. The student beautifully narrated the legend of King Maveli's rule and the significance of Onam in the cultural history of Kerala.

#### **Cultural Performances:**

The program included traditional performances such as Thiruvathira (a traditional Kerala dance) and other group performances showcasing Kerala's rich cultural heritage. All the participants, faculty, and students involved in making the celebration a success.

## 28. Ozone Day Celebration

Organized by: Sum College of Teacher Education

Venue: Sum College of Teacher Education

Date: 16th September 2019

Time: 10:00 AM

The Ozone Day Celebration at Sum College of Teacher Education on 16th September 2019 was an enlightening and successful event that aimed to raise awareness about the importance of ozone conservation. The event was marked by a thought-provoking talk and interactive activities, leaving a lasting impact on the participants.

### Objectives of the Programme:

To raise awareness about the importance of the ozone layer in protecting life on Earth.

To emphasize the need for global efforts in ozone conservation.

To engage students in creative activities like slogan making to further spread the message of environmental preservation.

To instill a sense of responsibility among future educators about their role in promoting sustainability.

Programme Highlights:

Inauguration:

The event was inaugurated by Ms.Sruthi K(student) and was attended by students, staff, and members of the college community. The celebration commenced with a brief introduction to the significance of Ozone Day and its relevance in the present environmental scenario.

Talk by Ms. Praseetha P (Assistant Professor, Natural Science):

The highlight of the program was a talk by Ms. Praseetha P, who is the Assistant Professor of Natural Science at the college. She gave an informative and insightful lecture on the importance of ozone conservation. Ms. Praseetha discussed the role of the ozone layer in protecting life on Earth by absorbing harmful ultraviolet radiation. She highlighted the dangers posed by ozone depletion, including increased health risks like skin cancer and eye damage, as well as adverse environmental impacts. The talk also focused on global efforts, such as the Montreal Protocol, to protect and restore the ozone layer.

# Slogan Making Competition:

Following the talk, a slogan-making competition was organized for students, encouraging them to come up with creative slogans that raised awareness about ozone conservation. The competition was enthusiastic, with many students showcasing their creativity and commitment to environmental issues through powerful and thought-provoking slogans.

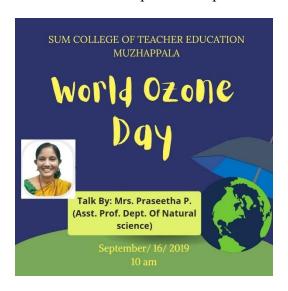
Ms.Smera C M delivered vote of thanks to session and the session was concluded.

#### Conclusion and Outcomes:

The Ozone Day Celebration was a grand success, achieving its goal of raising awareness about the ozone layer's importance and fostering a collective sense of responsibility toward environmental conservation.

## Impact:

The event instilled in students the importance of environmental protection, particularly ozone conservation, and encouraged them to be proactive in spreading the message of sustainability. The slogan-making competition also sparked creativity and further reinforced the need for collective action to protect the planet.





## 29. International Sign Language Day

Organized by: Sum College of Teacher Education

Date: 23rd September 2019

Time: 10:00 AM

Venue: Sum College of Teacher Education

The International Sign Language Day was celebrated with great enthusiasm at Sum College of Teacher Education on 23rd September 2019. The event aimed to raise awareness about the importance of sign language as a tool for communication and the rights of the deaf community. The programme was a huge success, thanks to the insightful talk, interactive activities, and enthusiastic participation from both students and faculty.

## Objectives of the Programme:

To raise awareness about the importance of sign language in fostering communication and inclusivity.

To emphasize the need for greater recognition and promotion of sign language for the hearing-impaired community.

To encourage students to learn and practice sign language as part of their inclusive teaching practices.

To celebrate and honor the contributions of sign language to global communication.

# Programme Highlights:

### Inauguration:

The event was inaugurated by Shankaran Master, a retired teacher from Koodali Higher Secondary School, who is known for his contributions to education and community service. His presence lent an authoritative tone to the event and helped set the stage for the day's celebrations. During his speech, Shankaran Master shared his views on the significance of sign language in bridging communication gaps for the hearing-impaired, stressing its role in fostering a more inclusive society.

# Talk on Sign Language:

The highlight of the event was a talk by Shankaran Master, where he elaborated on the history, evolution, and importance of sign language in enabling the deaf community to communicate effectively. Shankaran Master also discussed the challenges faced by individuals who rely on sign language and the importance of integrating sign language education in schools and institutions. His speech was both insightful and motivating, urging students to embrace sign language as a means to promote inclusivity in education and daily life. Students prepared a video showing the sign languages of india.

#### Conclusion and Vote of Thanks:

The programme concluded with a vote of thanks, expressing gratitude to Shankaran Master for his valuable contribution, as well as to all the students and staff who made the event a success.

#### Conclusion and Outcomes:

The International Sign Language Day was a resounding success, achieving its objective of raising awareness and promoting the use of sign language in the broader community. The event significantly impacted the students, who left with a renewed appreciation for the importance of sign language and the need to be more inclusive in their teaching practices. The interactive session and insightful talk helped break down barriers and fostered a greater understanding of the challenges faced by the hearing-impaired community

# SUM COLLEGE OF TEACHER EDUCATION MAMBA. MUZHAPPALA



30. Gandhi Jayanti Celebration

Organized by: Social Science Club

Date: 2nd October 2019

Time: 10:00 AM

Venue: Sum College of Teacher Education

The Gandhi Jayanti was celebrated at Sum College of Teacher Education with great enthusiasm and reverence on 2nd October 2019. This day marks the birth anniversary of the Father of the Nation, Mahatma Gandhi, who played a crucial role in India's struggle for independence through non-violence and truth. The celebration was organized by the Social Science Club, with the aim of instilling the values of non-violence, truth, and social harmony among the students.

# Objectives of the Programme:

To commemorate the birth anniversary of Mahatma Gandhi and reflect on his contributions to India's freedom struggle.

To promote the values of non-violence, truth, and social justice as espoused by Gandhi.

To engage students in activities that enhance their understanding of Gandhi's teachings and their relevance in contemporary society.

To foster a spirit of intellectual inquiry through discussions and quiz competitions.

# Programme Highlights:

## Inauguration:

The event was inaugurated by Dr. C V Jayasree, the Principal of Sum College of Teacher Education. In her inaugural address, Dr. Jayasree emphasized the importance of remembering and internalizing the principles of non-violence, truth, and satyagraha in the modern world. She encouraged students to draw inspiration from Gandhi's life and teachings to create a more just and peaceful society.

## Quiz Programme:

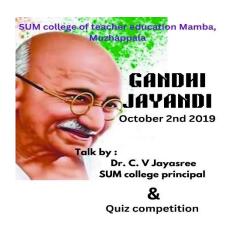
A Quiz Competition was organized by the students as part of the celebration, aimed at testing and enhancing their knowledge about Mahatma Gandhi and his contributions to India's freedom struggle. The quiz included a range of questions on Gandhi's life, philosophy, and impact, which engaged the students in an intellectual and interactive session. The quiz was conducted in a team format, and the teams were keenly competitive. It was an exciting and informative activity that helped students learn more about the key events and principles associated with Gandhi.

#### Conclusion and Vote of Thanks:

The event concluded with a vote of thanks, expressing gratitude to Dr. C V Jayasree for her inspiring speech, the students for their enthusiastic participation, and all faculty members for their support in making the event a success.

#### Conclusion and Outcomes:

The Gandhi Jayanti Celebration was a huge success, achieving its objectives of promoting awareness about Mahatma Gandhi's life and teachings. The event highlighted the relevance of Gandhi's principles in today's world, emphasizing the importance of truth, non-violence, and social justice. The quiz competition helped deepen students' understanding of Gandhi's contributions to India's freedom and the global peace movement. The programme fostered a



greater appreciation for these values, encouraging students to practice them in their daily lives and future professional careers.

# 31. Food Day Celebration

Date: 16th October 2019

Venue: Sum College of Teacher Education

Food Day was celebrated with great enthusiasm and joy at Sum College of Teacher Education on 16th October 2019. The event aimed to highlight the significance of food, nutrition, and cultural diversity through a fun-filled and interactive food fest organized by the college.

Objectives of the Programme:

To celebrate the importance of food and nutrition in daily life.

To promote awareness about healthy eating habits and balanced diets.

To showcase the diverse food cultures and traditions of different regions.

To encourage students to learn about the cultural significance of various cuisines.

To engage students in a creative and enjoyable way through the organization of a food festival.

Programme Highlights:

#### Grand Food Fest:

The highlight of the day was the grand food fest, which saw an overwhelming participation from the students and faculty members. Different stalls were set up, offering a variety of dishes that represented a blend of traditional and modern food cultures. The food fest featured a range of local delicacies, healthy snacks, international cuisines, and vegetarian options, showcasing the diverse tastes and preferences of the college community.

Alongside the food stalls, there was also an emphasis on promoting health-conscious eating habits. Many of the stalls featured nutritious and balanced food items, including salads, smoothies, and whole grain snacks. A special section was dedicated to educating students about the importance of maintaining a balanced diet, featuring leaflets and posters on food pyramid charts, nutrition facts, and healthy recipes.

# Conclusion and Appreciation:

The food day concluded with a vote of thanks, expressing gratitude to all the students who participated in organizing the event and contributed their time and energy to making the day a success. A special thanks was given to the faculty members for their continued support and guidance throughout the event.

#### Conclusion:

The Food Day Celebration at Sum College of Teacher Education was a grand success, achieving its objectives of celebrating food, culture, and nutrition. The grand food fest provided a vibrant and enjoyable platform for students to explore diverse cuisines, appreciate food traditions, and understand the importance of a balanced diet. This event not only brought the





students together but also educated them about making healthier food choices while respecting different cultural food traditions. It was a day of joy, learning, and bonding over delicious food.

# 32. United Nations Day Celebration

Date: 24th October 2019

Venue: Sum College of Teacher Education

Organized by: Social Science Club

The United Nations Day was celebrated at Sum College of Teacher Education on 24th October 2019 with great enthusiasm. The event highlighted the importance of the United Nations in promoting global peace, unity, and sustainable development. The programme was inaugurated by Mr. Krishna Kumar E. P., Assistant Professor of Social Science, who delivered an insightful talk on the relevance of the United Nations and its initiatives in today's world.

#### Objectives of the Programme:

To create awareness about the role and importance of the United Nations in fostering global peace and development.

To educate students about the Sustainable Development Goals (SDGs) and their significance.

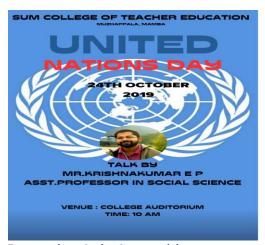
To inspire students to think globally and act locally for a better world.

To encourage discussions on pressing global issues such as climate change, human rights, and equality.

#### Programme Highlights:

### Inaugural Session:

The programme began with a formal inauguration by Mr. Krishna Kumar E. P., who lit the ceremonial lamp and addressed the audience. In his speech, he elaborated on the history and objectives of the United Nations and its efforts to address global challenges. His talk provided valuable insights into how the UN works to ensure peace, security, and cooperation among nations.



Interactive Quiz Competition:

A quiz competition was conducted to test the students' knowledge about the United Nations, its history, and its role in global governance. The quiz saw enthusiastic participation, fostering a deeper understanding of international relations and global issues among the students.

## Poster-Making Activity:

As part of the celebration, students also showcased their creativity through a poster-making activity, where they illustrated themes related to peace, unity, and sustainability. These posters were displayed in the college, creating a visually engaging environment and spreading the message of the United Nations' mission.

#### Conclusion:

The United Nations Day Celebration at Sum College of Teacher Education successfully met its objectives by fostering awareness and understanding of the UN's role in shaping a better world. The programme inspired students to take an active interest in global issues and emphasized the importance of working together for a sustainable and peaceful future.

#### 33. Kerala Piravi Celebration

Date: 1st November 2019

Venue: Sum College of Teacher Education

Organized by: Cultural Club

The Kerala Piravi Celebration, commemorating the formation of the state of Kerala, was held with great enthusiasm at Sum College of Teacher Education on 1st November 2019. The event showcased the rich cultural heritage and traditions of Kerala through various activities and performances, making it a memorable day for everyone present.

### Objectives of the Programme:

To celebrate the formation of the state of Kerala and its cultural legacy.

To instill a sense of pride and belonging among students regarding Kerala's history and traditions.

To encourage participation in traditional art forms and competitions to promote cultural values.





To provide a platform for students to express their creativity and cultural awareness.

## Programme Highlights:

# **Traditional Dress Competition:**

The celebration began with a traditional dress competition, where students came dressed in the elegant and colorful attire representing Kerala's rich cultural identity. The participants enthusiastically showcased various traditional styles, reflecting the diversity and unity of Kerala's culture.

## **Cultural Programmes:**

A variety of cultural performances, including Thiruvathirakali, folk songs, and poetry recitations, were presented by students. These performances celebrated Kerala's vibrant traditions and captivated the audience with their authenticity and grace.

#### Decorative Pookalam:

A beautifully crafted Pookalam (floral design) was created by the students to symbolize prosperity and harmony, adding to the festive atmosphere of the celebration.

#### Conclusion:

The Kerala Piravi Celebration at Sum College of Teacher Education was a vibrant and heartwarming event that successfully highlighted the rich heritage and unity of Kerala. The traditional dress competition, cultural performances, and the grand Onam Sadhya made the day truly special. The programme not only instilled cultural pride but also brought the college community closer together, leaving everyone with cherished memories of the celebration. The event concluded with a vote of thanks, expressing gratitude to the organizing team, participants, and faculty members who contributed to its grand success.

# 34. Model Examination for First Semester Students

Date: 2-11-2019

Venue: Sum College of Teacher Education

The Model Examination for first-semester students was conducted successfully at Sum College of Teacher Education. The examination aimed to prepare students for their university exams by simulating the real exam environment and assessing their understanding of the course content.

#### 35. First Semester Examination

Date: 08-11-2019

Venue: Sum College of Teacher Education general hall

The First Semester Examination for the academic year was conducted at Sum College of Teacher Education with meticulous planning and adherence to university guidelines.

## 36. National Education Day Celebration

Date: 11th November 2019

Venue: Sum College of Teacher Education

The National Education Day was celebrated with great enthusiasm at Sum College of Teacher Education on 11th November 2019, commemorating the birth anniversary of Maulana Abul Kalam Azad, India's first Education Minister. The programme aimed to highlight the importance of education in building a progressive and empowered society.

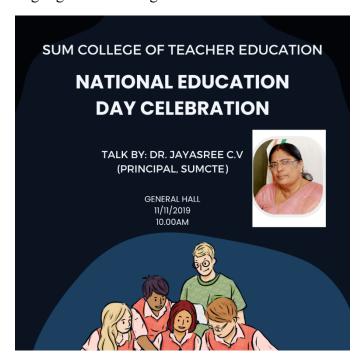
## Objectives:

To recognize and celebrate the contributions of Maulana Abul Kalam Azad to the field of education.

To inspire students and faculty to value education as a tool for societal development.

To encourage discussions on educational reforms and the role of teachers and students in shaping the future.

Highlights of the Programme:



### Inauguration:

The event was inaugurated by the Principal of Sum College of Teacher Education, who delivered a thought-provoking speech on the transformative power of education and the responsibilities of educators in shaping young minds.

#### Guest Talks and Discussions:

Faculty members shared their insights on various educational themes, emphasizing the need for inclusivity and innovation in teaching methods.

#### Conclusion:

The celebration of National Education Day at Sum College of Teacher Education was a resounding success. The event not only paid tribute to a great visionary but also ignited a renewed passion for learning and teaching among participants. It served as a reminder of the pivotal role education plays in shaping an equitable and enlightened society.

### 37. Diabetic Day

Date: November 14, 2019

Venue: General hall Sum college of teacher education

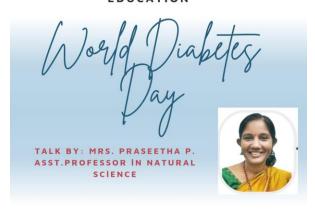
On 14th November 2019, Nature club of Sum College of Teacher Education observed Diabetic Day to coincide with World Diabetes Day. The program aimed to promote awareness about diabetes, its prevention, and effective management. The event featured a series of activities and an informative health talk by Praseetha P., Assistant Professor of Natural Science.

### **Objectives**

To educate participants about diabetes, including its causes, symptoms, and complications.

To emphasize the importance of lifestyle modifications for the prevention and management of diabetes.

SUM COLLEGE OF TEACHER
EDUCATION



14/11/2019 GENERAL HALL 10.00AM



To encourage regular health check-ups and stress management for overall well-being.

To engage students and staff in activities that promote a deeper understanding of diabetes.

Programme Schedule

**Inaugural Session** 

The program began with a welcome address by Ms.swetha k k (student) who gave a brief introduction of the topic.

The Principal highlighted the relevance of observing Diabetic Day and the importance of health awareness programs in fostering a healthier community.

Health Talk by Praseetha P.

A detailed health talk titled "Understanding Diabetes: Prevention and Management" was delivered by Praseetha P., Assistant Professor of Natural Science.

Key highlights of the talk:

An overview of diabetes and its types.

Causes, risk factors, and symptoms of diabetes.

Tips for maintaining a balanced diet and regular physical activity.

Stress management techniques and the significance of regular health check-ups.

The talk was interactive, with participants engaging in a Q&A session.

Poster Presentation

Students participated in a poster presentation competition on the theme "Preventing and Managing Diabetes."

The most creative and informative posters were awarded prizes.

Valedictory Session

The program concluded with a valedictory address summarizing the day's learnings.

Outcome

The observance of Diabetic Day on 14/11/2019 was a success, fostering awareness and promoting healthy practices among students and staff. The health talk by Praseetha P. was particularly appreciated for its practical insights and relevance. The event encouraged participants to adopt healthier lifestyles and highlighted the importance of community health initiatives.

# 38. Children's Day Celebration

Date: November 14, 2019

Venue: General hall SUMCTE

Time: 2 PM

On 14th November 2019, Sum College of Teacher Education celebrated Children's Day with great enthusiasm and a focus on the importance of child rights. The program aimed to honor the legacy of Pandit Jawaharlal Nehru, who emphasized the value of children as the foundation of society, and to raise awareness about safeguarding their rights.

The event was inaugurated by Ms. Archana C., a renowned theatre artist, who also conducted an engaging session on the role of art in preserving child rights.

## Objectives

To celebrate the spirit of childhood and promote the holistic development of children.

To raise awareness among students about child rights and the challenges children face in society.

To highlight the role of art as a powerful medium for advocating and preserving child rights.

To inspire future educators to incorporate creative methods in teaching and child welfare initiatives.

Programme Highlights

**Inaugural Session** 

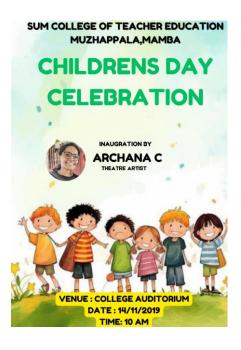
The program commenced with a warm welcome by the Principal of Sum College of Teacher Education.

Ms. Archana C., the chief guest, inaugurated the event by lighting the ceremonial lamp.

In her inaugural address, Ms. Archana emphasized the importance of nurturing creativity in children and protecting their rights to education, expression, and well-being.

Informative Session by Ms. Archana C.

The highlight of the event was an interactive and thought-provoking session by Ms. Archana C. on the role of art in preserving child rights.



Key points discussed included:

How art fosters creativity and self-expression in children.

Using theatre and performing arts as tools for advocacy and raising awareness about child rights.Real-life examples of how art initiatives have brought attention to issues such as child labor and abuse.The session included live demonstrations and role-playing activities, making it highly engaging for the audience.

Valedictory Session

The program concluded with a vote of thanks by, acknowledging the contributions of Ms. Archana C., participants, and faculty members.

Outcome

The Children's Day celebration successfully highlighted the importance of child rights and the role of art in advocating for these rights. Ms. Archana's session inspired students to use creative approaches in teaching and child welfare initiatives. The event also fostered a deeper understanding among attendees about their role as future educators in safeguarding children's rights

### 39. Third Semester University Examination

Date of Examination: November 21, 2019

Venue: SUM college of teacher education

The Third Semester University Examination for the students of Sum College of Teacher Education was conducted on 21st November 2019 in accordance with the guidelines issued by the university.

### 40. AIDS Awareness Program

Date: December 1, 2019

Organized by: Nature Club, Sum College of Teacher Education

Venue: General hall SUMCTE

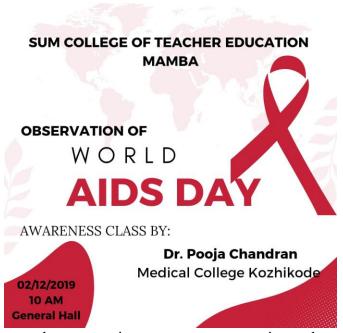
On 1st December 2019, the Nature Club of Sum College of Teacher Education organized an AIDS Awareness Program to observe World AIDS Day. The event aimed to educate students and staff about HIV/AIDS, debunk myths, and promote preventive measures. A key highlight of the program was an awareness class conducted by Ms. Pooja Chandran, a healthcare professional from Kozhikode Medical College.

#### **Objectives**

To raise awareness about HIV/AIDS, its causes, and preventive measures.

To educate participants on the importance of early diagnosis and treatment.

To dispel myths and reduce stigma surrounding HIV/AIDS.



To encourage the community to promote compassion and support for those living with HIV.

### Programme Details

#### 1. Inaugural Session

The program began with an inaugural address by the Principal of Sum College of Teacher Education. The Principal emphasized the significance of observing World AIDS Day and the role of future educators in spreading awareness about critical health issues.

### 2. Awareness Class by Ms. Pooja Chandran

Ms. Pooja Chandran, from Kozhikode Medical College, conducted an engaging and informative session on HIV/AIDS.

Key points covered included:

The science of HIV: modes of transmission and stages of infection.

Prevention strategies: safe practices, regular testing, and the role of antiretroviral therapy.

Breaking stereotypes: addressing misconceptions and fostering empathy toward individuals living with HIV.

The session encouraged interaction, with participants asking questions and discussing real-world scenarios.

#### Outcome

The program effectively raised awareness about HIV/AIDS among students and staff. The session by Ms. Pooja Chandran was particularly impactful, equipping participants with accurate information and practical guidance. The event fostered a sense of responsibility among future educators to contribute to the fight against HIV/AIDS in their communities.

## 41. Human Rights Day Celebration

Date: December 10, 2019

Venue: General hall SUMCTE

On December 10, 2019, Sum College of Teacher Education celebrated Human Rights Day to honor the Universal Declaration of Human Rights. The event aimed to raise awareness about human rights and emphasize the importance of preserving them for all individuals. The program was inaugurated by Mrs. Seetha, the Panchayath President, who also delivered a valuable talk on the topic.

#### **Objectives**

To raise awareness about the significance of human rights and their role in promoting equality, justice, and dignity for all individuals.

To emphasize the importance of protecting and preserving human rights in society.

To encourage students to become responsible citizens and advocates for human rights in their communities.

To engage participants in discussions and activities that promote understanding and respect for human rights.

#### Programme Details

## 1. Inaugural Session

The event began with an opening address by Ms. Jayalakshmi (student) who introduced the speaker and also briefly discussed the importance of the day.

Mrs. Seetha, the Panchayath President, inaugurated the program by lighting the ceremonial lamp and offering a few words of encouragement.

In her keynote speech, Mrs. Seetha emphasized the universal importance of human rights in ensuring the well-being of every individual. She discussed the core values of justice, equality, and dignity and spoke about the collective responsibility to preserve these rights.

#### 2. Talk on the Importance of Human Rights

Mrs. Seetha's talk highlighted:

The origin and significance of Human Rights Day and the Universal Declaration of Human Rights.

The essential role human rights play in fostering peace and social harmony.

The need to protect vulnerable groups and advocate for those whose rights are at risk.

Her speech encouraged students and faculty to understand their rights and responsibilities in contributing to a fair and just society.

A poster exhibition was organized on the theme of "Human Rights for All" with student-created posters illustrating human rights issues.

A slogan writing competition was also held, where students wrote slogans promoting awareness about the importance of human rights and equality.

# 5. Valedictory Session

The event concluded with a brief valedictory session where the organizing committee thanked Mrs. Seetha for her inspiring talk.

#### Outcome

The Human Rights Day program was a success in creating awareness and sparking meaningful discussions about human rights. Mrs. Seetha's speech was well-received and impactful, motivating participants to reflect on the importance of human rights in their daily lives and future careers. The event helped instill a sense of social responsibility among students, reinforcing their role in advocating for justice and equality.

#### 42. Christmas Celebration

Date: December 20, 2019

Venue: General hall SUMCTE

On December 20, 2019, Sum College of Teacher Education celebrated Christmas with joy and enthusiasm. The event brought together students, faculty members, and community representatives for an afternoon filled with cultural performances, festive spirit, and meaningful messages.

## **Objectives**

To celebrate the spirit of Christmas, fostering a sense of community and togetherness.

To engage students in cultural activities that highlight the values of love, peace, and joy associated with Christmas.

To promote a sense of gratitude and sharing among students and faculty.

To encourage students to reflect on the true meaning of Christmas through messages from teachers and church representatives.

#### Programme Details

#### 1. Inaugural Session

The program began with a warm welcome by Ms.Amrutha Vijayan(student council chairperson). The principal extended festive greetings to all and highlighted the significance of Christmas in bringing people together, irrespective of background.

#### 2. Cultural Activities

The students presented a variety of cultural performances, including:

Christmas carols sung by the choir.

A nativity play showcasing the birth of Jesus.

Dance performances highlighting the joy and happiness associated with the season.

These performances were highly appreciated by the audience, as they brought out the true essence of Christmas through music, dance, and drama.

# 3. Cake Cutting Ceremony

A grand cake-cutting ceremony was held, symbolizing the celebration of Christmas. The principal, faculty members, and invited guests, including fathers from the nearby church, participated in the event. Everyone joined in the festive mood as the cake was shared among the attendees.

# 4. Christmas Messages

Christmas messages were shared by all the teachers and fathers from the nearby church. The messages emphasized the importance of spreading love, peace, and kindness, aligning with the core values of Christmas.

The church fathers also spoke about the significance of the season and encouraged everyone to keep the spirit of goodwill alive throughout the year.

#### Outcome

The Christmas program was a huge success in fostering unity and spreading the message of





love and goodwill. The cultural activities brought out the festive spirit, while the messages from teachers and church representatives inspired the attendees to reflect on the deeper meaning of Christmas. The event helped create a joyful and harmonious atmosphere within the college community.